

בס"ד

Kosher Australia Pty Ltd

ועד לעניני כשרות דאנסטריילא



Guide to Pesach 2017/5777

מדריך הכשרות - פסח תשע"ז



Kosher Australia Pty Ltd



ועד לעניני כשרות דאזסטריא

Serving the Jewish Community since 1968

GUIDE FOR PESACH & PESACH PRODUCTS 2017 / 5777

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ACKNOWLEDGEMENTS:

We are grateful for the assistance of the following in preparing this Guide:

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Orthodox Union, New York USA

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USING THIS GUIDE

Products listed in this guide are either approved or supervised by Kosher Australia or by other approved authorities, where the packaging may not have “Kosher LePesach” labelling. Where such labelling exists and is accompanied by one of the Approved Hechsherim (see next page), it may be consumed on Pesach. The information contained in this guide is correct as at 16/3/2017. For further updates, please visit the Kosher Australia website (www.kosher.org.au) or visit our Facebook page (facebook.com/kosheraustralia).

This guide reflects the Ashkenazic tradition prohibiting the use of *Kitniyos* (legumes) on Pesach. Some Sephardic traditions allow the consumption of beans, rice, corn and millet. People following Sephardic traditions are encouraged to consult with their Rabbi re the suitability of products and acceptability of relevant *hechsherim*. See also section on page 36.

While the actual consumption of ‘*gebrokhts*’ (matzah immersed in liquid), depends on custom, where possible we have noted the use of this for the benefit of segments of the community who do not eat *gebrokhts* on Pesach.

WARNING: INTERNATIONAL PESACH LISTS ARE NOW ACCESSIBLE VIA THE INTERNET. THOUGH PRODUCTS WITH THE SAME NAME APPEAR AS BEING SUITABLE FOR PESACH IN OTHER COUNTRIES, THIS MAY NOT APPLY TO SIMILARLY NAMED PRODUCTS AVAILABLE AND MANUFACTURED IN AUSTRALIA AND NZ. THIS GUIDE CONTAINS INFORMATION SPECIFIC TO AUSTRALIA AND NZ CONDITIONS.

תשע"ז – PESACH CALENDAR APRIL 2017

Date	Activity		Time						
			Melbourne	Sydney	Perth	Brisbane	Adelaide	Hobart	Surfers Paradise
Sunday 9 April	Bedikas Chometz (Search for Chometz) AFTER:		pm 6.29	6.05	6.29	6.02	6.27	6.19	6.00
Monday 10 April Erev Pesach	Fast of the First Born commences		am 5.24	5.00	5.22	4.53	5.20	5.14	4.51
	If not attending a Siyum or other Seudas Mitzvah fast ends		pm 6.28	6.04	6.28	6.01	6.25	6.17	5.59
	Finish eating Chometz by	Mogen Avrohom	am 9.55	9.31	9.53	9.24	9.52	9.45	9.23
		Vilna Gaon & S A HoRav	am 10.27	10.02	10.23	9.53	10.23	10.20	9.52
	Latest time to remove Chometz & recite Kol Chamira	Mogen Avrohom	am 11.08	10.44	11.05	10.37	11.04	10.54	10.35
		Vilna Gaon & S A HoRav	am 11.24	10.59	11.20	10.51	11.20	11.16	10.49
	Candle lighting		pm 5.42	5.21	5.44	5.18	5.40	5.29	5.16
	First Seder AFTER:		pm 6.28	6.03	6.28	6.01	6.25	6.19	5.59
Tuesday 11 April	Erev 2 nd Day Pesach Candle lighting & Second Seder AFTER		pm 6.38	6.15	6.37	6.10	6.35	6.27	6.08
Wednesday 12 April	2 nd Day of Yom Tov ends		pm 6.36	6.14	6.36	6.09	6.34	6.26	6.07
Sunday 16 April	Erev 7 th Day Pesach Candle lighting		pm 5.33	5.13	5.36	5.12	5.32	5.19	5.10
Monday 17 April	Erev 8 th Day Pesach Candle lighting		pm 6.30	6.08	6.30	6.04	6.27	6.18	6.02
Tuesday 18 April	Last Day of Yom Tov ends		pm 6.29	6.07	6.29	6.03	6.26	6.17	6.01
	Sold Chometz may again be used & consumed AFTER		pm 7.00	6.35	7.00	6.35	6.55	6.45	6.30

GENERAL WARNINGS ON PESACH PRODUCTS

Not all products in Pesach sections at supermarkets or specialty Kosher retailers are necessarily Kosher for Passover or even Kosher! In previous years, even reputable Kosher retailers have inadvertently placed non-Pesach products in Kosher for Pesach sections.

Consumers are warned to check on the label for acceptability and NOT to rely on shop employees for advice on the Kosher status of a product.

1. **Labelling** Any food or beverage that bears the words "Kosher LePesach", "Kosher for Passover" or a similar variation (even with Hebrew writing), but does not have a reputable Kosher symbol or Rabbinic name printed on the label, should not be used for Pesach. This applies whether the food or beverage is locally made or is manufactured overseas (especially from Israel). Numerous instances of false and misleading labels have been uncovered in previous years e.g. dates. Note: 'P' on a logo refers to Pesach and not Pareve.
2. **Cheese** All Kosher hard and soft cheeses contain ingredients not suitable for Pesach and may not be used unless accompanied by a reliable Kosher LePesach seal or logo.
3. **Play-Doh** is Chometz and must be sold with all other Chometz.
4. **CLAG** paste is Chometz and should therefore not be used. Note that Clag Hobby, Bostik Blu-Tack, UHU Glue Stick, & Bostik Colour-Tack are acceptable for Pesach.
5. **Citric/Ascorbic Acid** Citric acid and ascorbic acid available in Australia may be derived from wheat and therefore Chometz or may be derived from corn and is therefore kitniyos.
6. **Cosmetic** lotions, creams and other solid products generally need no special Pesach supervision. Those listing oats or wheat germ in their ingredients panel are not recommended. However, liquid products, particularly if containing alcohols which may be Chometz and products used for oral hygiene or application to the lips (including lipsticks) should be approved before use.
7. **Dried fruits** Dried fruits and ground herbs and spices should only be used if bearing a reputable Kosher for Pesach authorisation as oils and other processing aids that contain Chometz or Kitniyos may be used in the drying and packing process.
8. **Peeled vegetables and fruit** should not be purchased for Pesach without reliable supervision due to chemical additives that may be used to retain colour and freshness or due to possible co-production with Chometz ingredients.
9. **Juices**, including 'pure' juices, may use Chometz derived enzymes and additives or share equipment with production containing Chometz and must therefore carry Kosher approval.
10. **Kitniyos issues** Customs vary even within different Sephardi communities regarding the identification and permissibility of Kitniyos products. Consumers are reminded to carefully read the packaging on products bearing Kosher for Passover symbols. Many are marked 'Suitable for those that eat Kitniyos' (רק לאוכלי קטניות) and may bear a hechsher from an approved authority that is only for year-round use and not for Pesach. These products are of course suitable for those of Sephardi descent and/or custom that do eat Kitniyos on Pesach. Members of the Sephardi community should accordingly consult with their Rabbi to ascertain the parameters of their particular minhag. (see warning on rice, note 23.)
11. **Diet Products** Many diet products including diet Coke, Pepsi etc use artificial sweeteners which may be derived from Kitniyos and are therefore not acceptable even when carrying a Kosher for Passover certification (though such products with a hechsher are suitable for those that eat Kitniyos) from authorities that allow modified Kitniyos on Pesach.
12. **Matzah** MUST be marked as being Kosher for Pesach/Passover and carry reliable Kosher certification. Snider Carmel matzah without the Kosher Australia 'Kosher for Pesach' symbol is Chometz.
13. **Laffa/Soft Matza** So called 'Laffa' or soft matza is periodically sold. The Rabbinical Council of Victoria and the Kashrut Authority of NSW as well as kashrus authorities in Israel and the US have investigated the production of these matzos and concluded that they are not suitable for Pesach at the very least. Those who have inadvertently used the local version should seek guidance from their Rabbi re kashering of utensils.
14. **Egg matzah** ('Matzah Ashirah') may not be eaten on Pesach by healthy people. (Sick and elderly people should discuss the use of Egg Matzah with their Rabbi). MANISCHEWITZ TAM TAM CRACKERS (all varieties) with the OU-P symbol are made from Matzah Ashirah and should not be consumed during Pesach as per all Matzah Ashirah.

15. Plain frozen kosher meat that is not formally certified for Pesach should not be used in the first instance as it may have come in contact with actual *Chometz* during smallgoods production. Please consult your Rabbi if Kosher for Pesach meat cannot be obtained.
16. **Non-Food items** In general, *Chometz* and *Chometz* derivatives which are unsuitable for human or animal consumption (e.g. inedible and/or toxic substances) are not considered Chometz insofar as the prohibition against using *Chometz* products on Pesach is concerned. They may however not be consumed if for any reason one is inclined to do so.
17. **Nuts** Varieties of nuts that are acceptable on Pesach (see above section on Fruits) must be purchased in the shell, raw. Shelled, raw or roasted nuts without Kosher for Pesach approval are not recommended. (Note: dry-roasted and fried nuts require reliable Kosher certification for year-round use.) It is recommended that shelled raw nuts be only purchased for Pesach with Kosher for Pesach approval.
18. **Pet Food** Many pet-foods contain actual *Chometz* and may not be used on Pesach. Some contain mixtures of meat and dairy and are prohibited year round as well due to *bossor b'cholov* considerations.
19. **Alpha Chocolates** are NOT acceptable for Pesach, as they are manufactured on the same production lines as *Chometz* and may contain *Chometz* ingredients.
20. **Glicks Cakes and Bagels** products are NOT acceptable for Pesach, including ALL VARIETIES of gefilte fish and macaroons.
21. **Eggs** packed by Farmpride are acceptable without further supervision. Coatings and inks have been investigated and pose no Pesach concerns.
22. **Lacteeze drops**, used to mitigate the lactose in milk, are *kitniyos* (and dairy) and should be added to milk prior to Pesach only for those who have received permission or consume *kitniyos*.
23. **Rice - potential Chometz** Sephardim or those given special permission by their Rabbi to eat *kitniyos* on Pesach (such as very young children or those who are ill) should note that some imported rice varieties are known to have been sprayed with a wheatgerm oil or other *Chometz* coatings to stop rice grains sticking with each other. This type of rice is strictly not kosher for Pesach even for those who otherwise are permitted by their custom or Rabbi to eat *kitniyos*. Sunrice rice varieties marked 'product of Australia' are not coated and is therefore suitable for Pesach use by those who are permitted to use rice on Pesach by custom or by Rabbinic dispensation (the Ben Ish Chai recommends that rice should nevertheless be checked thrice for any chaff or contaminants).
24. **Vitamins** MUST have specific Kosher for Pesach approval as they are often derived via fermentation from wheat (e.g. Ascorbic Acid).
25. **Wine/Grape Juice** Not all wines and grape juices are mevushal (cooked). Consumers should check the label on the product carefully as the handling of non-mevushal wines differs from that of mevushal wines. The word 'MEVUSHAL' or מבושל must appear on the label. (Otherwise one must assume that wine/juice is not mevushal.)
26. **Wine/Grape Juice** Not all wines and grape juices are Kosher for Pesach – please check the certification carefully for the words 'Kosher for Pesach/Passover'.
27. **Specific Products** Some product 'malfunctions' from previous years:
 - a. LYLE SYRUP is Kosher certified pareve for year-round use but NOT for Pesach use – some retailers sold this product as suitable for Pesach.
 - b. DEBRA'S SCHMALTZ (product of South Africa) is being stocked by some Kosher retailers together with Pesach products. This product is not suitable for Pesach.
 - c. KOSHER FOR PESACH BAMBA from Israel is not suitable for Ashkenazim and clearly marked as being suitable for those who follow Sephardi custom as it is made from Kitniyos.
 - d. MANISCHEWITZ TAM TAM CRACKERS even when bearing OU-P are made from Egg Matza and only permitted for the sick or elderly in consultation with their Rabbi.
 - e. Many tahina & humus dips are being sold widely. These products are *Kitniyos* and NOT suitable for Ashkenazim. *Kitniyos* brands include ACHLA, SABRA & YARDEN. Please check the labels and containers carefully.

APPROVED HECHSHERIM

Below is a list of some of the international Rabbinic symbols that Kosher Australia permit for Passover use which have been sighted at local retailers. Imported products may be used on Pesach if the product label has one of the following logos and is also marked with a “P” or otherwise clearly marked as Kosher for Pesach. Where the hechsher indicates that the product contains *Kitniyos*, or that it is not suitable for those who do not eat *Kitniyos* on Pesach, then such products are not permitted for Ashkenazim on Pesach. Kosher Australia follows the Ashkenazic custom and has listed only agencies following similar customs with respect to Pesach.

NOTE: Omission of a Rabbinic authority does not imply that it is not acceptable for Pesach. Regarding Rabbinic authorities not listed, please contact Kosher Australia.

COUNTRY	AGENCY	SYMBOL
Australia	Adass Vaad HaKashrus	
Australia	Agudas Chabad Melbourne	
Australia	Kashrut Authority of Western Australia	
Australia	The Kashrut Authority of NSW*	
Belgium	Beis Din Zedek of the Antwerp Shomrei Hadas	
Belgium	Machazikei Hadas	
Canada	Kashruth Council of Canada	
Canada	Kosher Check	
Canada	Orthodox Rabbinical Council of British Columbia	
Canada	Vaad Ho'lr of Montreal	
England	Beth Din of Federation of Synagogues	
England	Dayan Osher Yaakov Westheim	
England	Kashruth Division of the London Beth Din*	
England	Kedassia	
England	Manchester Beth Din	
Israel	Badatz Mehadrin	
Israel	Chug Chasam Sofer – Bnei Brak	
Israel	Rabbi Moshe Yehudah Leib Landa	
Israel	The Bais Din Tzedek of Agudath Israel	
Israel	The Bais Din Tzedek of the Eida Hachareidis of Jerusalem	

COUNTRY	AGENCY	SYMBOL
Italy	Euro-K	
Italy	Rabbi Gershon Mendel Garelik	
South Africa	Kashrut Department of the UOS of South Africa (Jo'Berg, Capetown)*	
USA	Chicago Rabbinical Council	
USA	Igud Hakashrus of Los Angeles	
USA	K'hal Adath Jeshurun (Breuer's)	
USA	Kof-K Kosher Supervision	
USA	National Kashrut	
USA	Organized Kashruth Laboratories	
USA	Rabbi Menachem Meir Weissmandel	
USA	Star-K Kosher Certification	
USA	The Union of Orthodox Jewish Congregations	
USA	Vaad Hakashrus of Badatz Mechon L'Hoyroa	
USA	Vaad HaKashrus of Crown Heights	
USA	Volover Rav	

*May allow products that use peanuts, sunflower oil or canola oil.

COMMON PROBLEMATIC INGREDIENTS IN AUSTRALIA/NZ

ITEM	MAY BE
Ascorbic Acid (Additive 300)	Wheat/Corn derived
Aspartame	Kitniyos
Baker's Dry Yeast	Wheat/Barley derived
Canola Oil	Kitniyos
Citric Acid (Additive 330)	Wheat/Corn derived
Corn Syrup	Kitniyos
Dextrin	Wheat derived
Dextrose	Wheat derived
Ethanol	Wheat derived
Glucose	Wheat derived
Lecithin	Kitniyos
Malt	Wheat/Barley
Maltodextrin	Wheat derived
Mannitol	Wheat derived
Potassium Citrate (Additive 332)	Wheat/Corn derived
Potassium Sorbate (Additive 202)	Wheat/Corn derived
Sodium Citrate (Additive 331)	Wheat/Corn derived
Sorbitol	Wheat/Corn derived
Soybean oil	Kitniyos
Starch	Wheat/Corn derived
Sunflower Oil	Kitniyos
Vegetable Oil	Kitniyos
Vitamin B	Wheat derived
Vitamin C	Wheat/Corn derived
Xanthan Gum (Additive 415)	Wheat derived

Looking for a Seder?

The Mizrahi Hospitality may be able to assist you in organising hospitality for Pesach meals.

Call Karen Franks on 0411 583 304 or send an email to hospitality@mizrachi.com.au.

If you need to get a loved-one to your seder and would like to borrow a wheelchair,
call the Mizrahi office on 8317 2555.

KITNIYOS

While the five grains – wheat, barley, spelt, rye and oats - once they have been fermented, are prohibited on Passover, use of various other raw fruit, nuts and vegetables is subject to many customs.

The most prominent and accepted of these customs is the prohibition on eating "*Kitniyos*". The Mishnah Berurah (453:6 & 464:5) cites three reasons for the custom

(a) *Kitniyos* are harvested and processed in the same manner as *Chometz*,

(b) *Kitniyos* are ground into flour and baked just like *Chometz* [so people may mistakenly believe that if they can eat *Kitniyos*, they can also eat *Chometz*],

(c) *Kitniyos* may have *Chometz* grains mixed into it [so people who eat *Kitniyos* may inadvertently be eating *Chometz*].

To assist the Ashkenazic kosher consumer, Kosher Australia has compiled a list of fruits, grains and vegetables and noted their useability for Pesach. The list below refers to fresh, unprocessed products only.

Note that some have the custom to peel all fruit and vegetables due to concerns regarding coatings such as waxes and various sprays and will not eat any vegetable that cannot be peeled.

Canola, flaxseed, sunflower, peanut, sesame and safflower oils are considered *Kitniyos* by many authorities and are not recommended. Consumers are advised in all cases of possible *Kitniyos* ingredients to contact their Rabbi for guidance as to the custom applicable to their particular community.

Many of the items below are subject to inspection for insect infestation.

For those looking for source of alternate non-*kitniyos* starches & flours that are not formally certified for Pesach, contact the Kosher Australia office at info@kosher.org.au.

A NOTE ABOUT QUINOA:

There are various opinions re the status of quinoa. Due to changes in the production of quinoa in recent years, only quinoa with reliable Kosher for Pesach approval should be used on Passover.

Fruit/Vegetable	Status
Alfalfa Sprouts	<i>Kitniyos</i> ^a
Allspice/Pimento	Suitable
Almonds	Suitable
Amaranth	Per Custom
Aniseed	<i>Kitniyos</i>
Apples	Suitable
Apricot	Suitable
Arrowroot	Suitable
Asparagus	Suitable
Avocado	Suitable
Bananas	Suitable
Beans (all)	<i>Kitniyos</i>
Beetroot	Suitable
Bok Choy	Suitable
Brazil Nuts	Suitable
Broccoli	Suitable
Brussel Sprout	Suitable
Buckwheat	<i>Kitniyos</i>
Cabbage (all)	Suitable
Canola	<i>Kitniyos</i>
Cantaloupe	Suitable
Capsicum	Suitable
Caraway Seed	<i>Kitniyos</i>
Cardamom	<i>Kitniyos</i>
Carrots	Suitable
Cashew	Suitable

Fruit/Vegetable	Status
Cassava/Tapioca	Suitable
Cauliflower	Suitable
Celeriac	Suitable
Celery	Suitable
Chickpea/Garbanzo	<i>Kitniyos</i>
Chia	Suitable
Chicory	Suitable
Chilli	Suitable
Cilantro	Suitable
Cinnamon	Per Custom
Chia Seeds	Suitable
Cloves	Per Custom
Coconut	Suitable
Coriander Seed	Per Custom
Corn	<i>Kitniyos</i>
Corn Stalks	Suitable
Cucumber	Suitable
Cumin	Per Custom
Custard Apple	Suitable
Dates	Suitable
Eggplant	Suitable
Fennel seed	<i>Kitniyos</i>
Fenugreek	<i>Kitniyos</i>
Figs	Suitable
Flaxseed	<i>Kitniyos</i>
Garlic	Per Custom

Fruit/Vegetable	Status
Ginger	Per Custom
Grapefruit	Suitable
Grapes	Suitable
Hazelnut	Suitable
Honeydew	Suitable
Kale	Suitable
Kamut	Chometz
Kiwi	Suitable
Leek	Suitable
Lemon	Suitable
Lentils (all)	Kitniyos
Lettuce (all)	Suitable
Licorice Root	Suitable
Lime	Suitable
Linseed	Kitniyos
Macadamia	Suitable
Mandarin	Suitable
Mango	Suitable
Marjoram	Suitable
Millet	Kitniyos
Mint (all)	Suitable
Mushroom	Suitable
Mustard (& seeds)	Kitniyos
Nashi	Suitable
Nutmeg	Suitable
Onion (all varieties)	Suitable
Orange	Suitable
Oregano	Suitable
Pak Choy	Suitable
Paprika	Suitable
Parsley	Suitable
Parsnip	Suitable
Passionfruit	Suitable
Paw Paw/Papaya	Suitable
Pea	Kitniyos
Peach	Suitable
Peanut	Kitniyos
Pear	Suitable
Pecan	Suitable
Pepper (fresh)	Suitable
Peppercorn	Suitable
Peppermint	Suitable
Pine Nut	Suitable
Pineapple	Suitable
Pistachio	Per Custom
Plum	Suitable
Pomegranate	Suitable
Poppy Seed	Kitniyos

Fruit/Vegetable	Status
Potato	Suitable
Pumpkin	Per Custom
Pumpkin Kernel	Per Custom
Quinoa	Per Custom
Radish	Per Custom
Raspberry	Suitable
Rhubarb	Suitable
Rice	Kitniyos
Rosemary	Suitable
Safflower Oil	Kitniyos
Saffron	Per Custom
Sago	Suitable
Sesame Seed	Kitniyos
Silverbeet	Suitable
Snow Pea	Kitniyos
Sorghum	Kitniyos
Soy	Kitniyos
Spinach (& leaves)	Suitable
Squash	Suitable
Stevia	Suitable
Strawberry	Suitable
String bean	Kitniyos
Sugarsnap	Kitniyos
Sunflower Kernel	Kitniyos
Swede	Suitable
Sweet Potato/Yam	Suitable
Teff	Kitniyos
Thyme	Suitable
Tofu	Kitniyos
Tomatoes (all)	Suitable
Turmeric	Suitable
Turnip	Suitable
Vanilla Bean	Per Custom
Walnut	Suitable
Watermelon	Suitable
Zucchini	Suitable

SUPERVISED ESTABLISHMENTS

HOTELS

AUSSIE PESACH ON THE GOLD COAST (aussiepesach.com) Roquette Catering by Joshua Luftig
Non Gebrochtkts

KIMBERLEY GARDENS HOTEL (www.pesach.com.au)
Gebrochtkts

CATERING

Products may contain *gebrokhts* or will be prepared in utensils that have been used for *gebrokhts*.

PETER UNGER CATERING (F/P #KLP OR TABLE CARDS) TELEPHONE: 03 8552 0300

FISH

COLES ELSTERNWICK (P#) Telephone: 03 9528 2854

Please check in-store signage for dates and times.

PRE-PREPARED MEALS & TAKE-AWAY

Products may contain *gebrokhts* or will be prepared in utensils that have been used for *gebrokhts*.

COLES ELSTERNWICK (F# KLP) Telephone: 03 9528 2854

Roasted chicken when bearing Kosher Pesach numbered seals.

DANELI'S (F# KLP) www.danelis.com.au

Erev Chol Hamoed Shabbos and Erev Yom Tov (Last Days)

KLEIN'S GOURMET (F# KLP) www.kleinonline.com.au

KOSHER MEALS ON WHEELS (F/P# KLP) www.koshermealsonwheels.org.au

BUTCHERS

Plain frozen Kosher meat that is not formally certified for Pesach should not be used in the first instance as it may come in contact with actual *Chometz* during smallgoods production. Where formally certified meat for Pesach is not available please consult your Rabbi. The following meats are produced are *glatt Chassidishe shechita* and produced under the strict supervision of Kosher Australia.

CONTINENTAL KOSHER BUTCHERS All meats sold through their premises in Glenferrie Road Malvern after 17/2/2017 or when bearing Kosher for Pesach labelling.

Note that the deli area may still carry packaged *Chometz* products.

PESACH PRODUCT GUIDE

It is recommended that all food products used at Pesach should be certified as Kosher for Pesach by a reputable rabbinic authority. However, Kosher Australia and other reliable Kosher authorities have ascertained that some general products are Chometz free and Kitniyos free without being formally certified. Please use the following key when using the Passover buying guide.

- ⁿ Product information is from another agency referenced by the number. If there is no number, the product is investigated by Kosher Australia
- P Product is pareve
- D Product is dairy (not Cholov Yisroel unless otherwise noted)
- # Product is of mehadrin standard
- KLP Product must carry special Kosher for Pesach symbol

Non mehadrin food products MUST be new, unopened products and purchased before the latest time to sell one's Chometz on Erev Pesach (in Melbourne 11:03/11:27am) to allow for bittul (nullification) of possible inadvertent chometz contamination. Bittul is acceptable prior to Pesach (when Chometz is permitted) but is not allowed on Pesach when even the tiniest amount of Chometz is forbidden. Purchasing before Pesach ensures that the product was made before Pesach and any bittul would be believed (post fact) permitted.

INFORMATION FROM OTHER KOSHER AUTHORITIES

To increase the usefulness of this Guide, we have included information from other Kosher Authorities including products that are suitable for Pesach but do not carry any specific marking.

A number following the product or brand or information acknowledges the source of the information. The following list is a key

1. The Kashrut Authority, NSW, Australia
2. Rabbi A. Adler, Gateshead, UK
3. Star-K, Baltimore, USA
4. Rabbi YM Levinger, Basle, Switzerland
5. London Beth Din, London, UK
6. Kehilla Kosher, CA, USA
7. Orthodox Union, NY, USA
8. Chicago Rabbinical Council, Illinois, USA
9. Rabbi G Bess, California, USA
10. Kashruth Council of Toronto, Canada
11. K'hal Adath Jeshurun (Breuer's), NY, USA
12. Adass Vaad HaKashrus, Victoria, Australia
13. Rabbi A. Hazan, Milan, Italy
14. OK Kosher Certification
15. Kedassiah, UK

BABY FORMULA

In line with the rulings of many reliable authorities, baby formula containing Kitniyos is allowed for use during Pesach, even for Ashkenazim. The following baby formulas contain no actual Chometz but DO contain kitniyos. All dairy formulae are not Cholov Yisroel. All formula preparation and clean up should be in a separate area and separate utensils to normal Pesach food production.

APTAMIL GOLD+ (D) 1 - From Birth to 6 Months, 2 - From 6 to 12 Months, 3 - Toddler From 1 Year, 4 - Junior From 2 Years, AR - From Birth to 12 Months

APTAMIL PROFUTURA (D) 1 - From Birth to 6 Months, 2 - From 6 to 12 Months, 3 - Toddler from 1 Year, 4 - Junior from 2 Years

BELLAMY'S ORGANIC (D) Follow On, Infant Formula, Toddler Milk Drink

KARICARE+ (D) Infant Formula Stage 1 From Birth, Formula Stage 2 From 6 Months, Toddler Growing Up Milk Stage 3 From 1 year, Toddler Growing Up Milk Stage 4 From 2 Years

NEOCATE GOLD² (P)

NEOCATE LCP² (P)

SMA (D) Newborn

S-26 GOLD (D) Newborn 1, Comfort From Birth, Progress 2, Toddler 3, Junior 4

S-26 GOLD (P) Soy From Birth

S-26 ORIGINAL (D) Newborn 1, Progress 2

BAKING INGREDIENTS

AUSTRALIAN CAROB COMPANY (P#) Pure Carob Kibble Nibbles, Pure Carob Pods, Pure Carob Powder Raw, Pure Carob Powder Roasted

BOB'S RED MILL⁶ (P) MUST HAVE K ON PACKAGING Quinoa Flour, Tapioca Starch

KFIBER (P#) Kfibre, Kfresh

LEWIS & SON (P# KLP) Potato Flour

MARETAI ORGANICS AUSTRALIA (P) Lucuma, Maca, Mesquite Powder

BREAKFAST CEREAL

KOSHER KINGDOM (P#KLP) Amaranth, Paleo Nut Muesli, Fruit & Nut Muesli

THE BANTING FOOD COMPANY (P# KLP) Good Banter Muesli, Banting Bread (nut loaf)

COCOA

BANABAN (P#) Cocoa Nibs

HENRY LANGDON (P) Pure Cocoa 160g tin

KOSHER KINGDOM (P#KLP) Cocoa Powder, Raw Cocoa Powder, Cocoa Powder Dutch

MARETAI ORGANICS (P) Cacao Beans, Cacao Butter, Cacao Nibs, Cacao Paste, Cacao Powder

ROYAL NUT COMPANY (P# KLP) Organic Raw Cacao Powder

SOLOMON GOLD (P#) Cocoa Nibs

COCONUT INGREDIENTS

For Coconut Oil, see Oil (Coconut)

BANABAN (P) Coconut Flour, Coconut Butter, Amino Seasoning, Coconut Crunch, Toasted Coconut Flakes, Canned Coconut Cream, Canned Coconut Milk

BOB'S RED MILL⁶ (P) MUST HAVE K SYMBOL Coconut Flour

KOSHER KINGDOM (P#KLP) Organic Coconut Fine/Shred, Toasted Coconut

LEWIS & SON (P# KLP) Desiccated Coconut

MARETAI ORGANICS AUSTRALIA (P) Coconut Flour, Coconut Sugar

NIULIFE(P#) Coconut Sugar, Coconut Syrup, Organic Coconut Flour, Organic Desiccated Coconut

ROYAL NUT COMPANY (P# KLP) Desiccated Coconut

COFFEE (BEANS & GROUND)

Decaffeinated coffee should not be used without formal Kosher for Pesach approval. The following brands of unflavoured coffee beans and grounded coffee are acceptable:

ANDRONICUS (P#)

AURORA (P#)

CISCO'S (P# KLP)

COFFEX (P#)

DELTA CHICCO D'ORO (P#)

GENOVESE (P#)

GRINDERS (P)

LAVAZZA A MODO¹³ (P#) Product of Italy

LAVAZZA BLUE¹³ (P#) Product of Italy

ROBERT TIMS (P)

VITTORIA (P#)

COFFEE (INSTANT)

Instant and decaffeinated coffee should not be used without formal Kosher for Pesach approval.

BUSHHELLS (P) Instant Coffee Powder

NESCAFE (P#) Blend 43, Decaf, Espresso, Gold Original, Gold Rich Roast, Mild Roast

NOTE Produced or packed in Australia

ROBERT TIMS (P) Granulated Instant Coffee

COFFEE & OTHER BEVERAGES (PODS)

Decaffeinated coffee should not be used without formal Kosher for Pesach approval.

BANABAN (P#) Cocconutto

NESPRESSO CLASSIC RANGE⁴ (P#) Unflavoured ONLY - Must be product of Switzerland

NESPRESSO PROFESSIONAL RANGE (⁴P#) Unflavoured ONLY - Must be product of Switzerland

SHOTS BY GENOVESE (P#) All Varieties (Shots are compatible with Nespresso machines)

VITTORIA (P#) All Varieties

CONFECTIONERY

ACCESS (P#KLP) Rocky Road

PANA CHOCOLATES (P) Cinnamon, Eighty, Mint, Orange, Raw Cacao, Rose

SOLOMONS GOLD DARK (P) Mint, Nib, Orange, Smooth

SOLOMONS GOLD DARK CANE SUGAR FREE (P) Mint, Nib, Orange, Smooth

RISHON (P# KLP) Almonds – Chocolate Coated, Almond & Jelly Rings, Chocolate Coated Raisins, Fruit Chews

RISHON CHOLOV YISROEL (D# KLP) Smarties

DAIRY BUTTERS

The following dairy butters are acceptable (Product of Australia):

BEAUTIFULLY BUTTERFLY (D) Salted Butter, Unsalted Butter

COLES SMARTBUY (D) Salted Butter Block

HINDMARSH DAIRY FARMHOUSE (D) Butter

HOME BRAND (D) Salted Butter Block

MACRO ORGANIC (D) Butter

MAINLAND (D) Butter, Butter Soft, Butter Soft Less Salt

WESTERN STAR (D) Butter Block, Original Butter (In Tub), Salt Reduced Butter Block

WOOLWORTHS SELECT (D) Butter Block, Salt Reduced Butter Block

YOU'LL LOVE COLES (D) Butter Block, Salt Reduced Butter Block, Unsalted Butter Block

DAIRY CHEESE & YOGHURTS

All cheeses require Kosher for Passover approval due to the use of potentially chometz derived/fermented acids, cultures and rennets. Rennet-set cheeses (e.g. cheddar, swiss, brie, feta, haloumi & camembert) are also subject to the laws of Gevinas Yisroel and generally require reliable batch supervision. Yogurts contain flavours, milk powders & cultures that may contain, or may be derived from, chometz ingredients.

DANBLUE¹⁵ (D#KLP) Blue Cheese

NATURAL & GOOD¹⁴ (D#KLP) Assorted Cheeses

NOTE: Some varieties are not Kosher for Pesach e.g. Garlic Basil, Chipotle

TEMPO¹¹ (D# KLP) Assorted Yogurts & Cheeses

NOTE: Must have KOSHER FOR PASSOVER printed on the packaging.

DAIRY CREAM

Cream can be thickened with gums that may have been co-processed with chometz and/or gelatine. Milk powders may be added.

COLES, YOU'LL LOVE COLES (D) Double Cream

GIPPSLAND DAIRY PRODUCTS (D) Cream, Double Cream/Pure, Organic Cream

HINDMARSH DAIRY (D) Pouring Cream

DAIRY MILK

Unsupervised flavoured and unflavoured low-fat milk (including Rev, Physical and Skinny Milk), flavoured milk e.g. Nippy's and UHT milk are not acceptable as they may contain additives and vitamins that are not Kosher for Pesach.

In the first instance it is recommended to consume Cholov Yisroel milk under formal Pesach supervision. If one uses non Cholov Yisroel milk we have listed milks have been checked and found to be Chometz-free. They must be purchased before Pesach.

COLES/YOU'LL LOVE COLES (D) Full Cream Fresh, Full Cream UHT, Lite Fresh, Lite UHT

DEVONDALE (D) Full Cream Milk UHT, Skim Milk UHT

FARMHOUSE (D) Gold

FARMDALE (D) Skim Milk UHT

GREAT OCEAN ROAD (D) Full Cream, Low Fat, No Fat

HINDMARSH DAIRY (D) Cow's Milk, Goat's Milk

SO NATURAL (D) Full Cream Milk UHT, Low Fat Milk UHT, Skim Milk UHT

VITA LIFE (D) Full Cream Milk UHT, Low Fat Milk UHT, Skim Milk UHT

WOOLWORTHS SELECT (D)

Supplier Code: 83591

Full Cream Milk UHT, Semi Skim Milk UHT, Skim Milk UHT

DAIRY MILK – LACTOSE FREE

The OU have advised that lactose-free milk where the only non Pesach additive is the enzyme, may be purchased prior to Pesach. For those who are lactose intolerant and observe Cholov Yisroel, please contact Rabbi Mordechai Gutnick directly at Rabbi.Mordechai.Gutnick@kosher.org.au to discuss milk options.

Some Kosher stores carry imported Almond Milk with formal Kosher for Pesach supervision.

BLACK & GOLD (D)

Supplier Code: 41936

Lactose Free Full Cream Milk UHT, Lactose Free Low Fat Milk UHT

COLES (D)

Supplier Code: 936187

Lactose Free Full Cream UHT

WOOLWORTHS SELECT (D)

Supplier Code: 83591

UHT Lactose Free Full Cream Milk, UHT Lactose Free Light Milk

ZYMIL (D) Fresh Full Cream, Fresh Low Fat, UHT Full Cream, UHT Low Fat

DIPS

KOSHER KINGDOM (# KLP) Cashew & Parsley Dip (P), Walnut & Red Capsicum Dip (P), Carrot Salad (P), Tzadiki Dip (D), North African Haroset (P)

EGGS

All brands of Chicken Eggs in shell are acceptable. The ink used to stamp each egg is Pesach suitable. Please refer to the Kosher Australia Food Guide for blood spot checking guidelines.

KINROSS FARMS (P#) Liquid egg pulp, Liquid egg white

FISH (RAW)

All frozen or raw whole kosher fish species (check the 2017 Kosher Australia Food Guide for Kosher species) without additives are acceptable.

When asking a fishmonger to fillet fish for Pesach, consumers are advised to bring their own knives and cutting board and watch the worker fillet. The fish should then be thoroughly washed.

KOSHER KINGDOM (P# KLP) Barramundi Fillets, Blue Grenadier Fillets, Salmon Fillets, Sardines

The following products are acceptable when rinsed prior use:

COLES (P) Tasmania Boneless Salmon (skin off/skin on) - modified atmospheric packaging light blue tray

HUON (P) Raw Salmon (no added flavours)

Note: 180g only in VIC TAS, QLD, SA and NSW

TASSAL (P) Raw Salmon Cutlets, Raw Salmon Cutlets in 2.4kg tray (available in Coles Delis), Raw Salmon Fillets

FISH (PICKLED)

ESKAL (P#KLP) Pickled Fillets, Pickled Herrings

FISH (ROE)

HUON (P) Salmon Roe

YARRA VALLEY CAVIAR (P) Salmon Roe, Trout Roe

FISH (SMOKED)

HUON (P) Cold Smoked Salmon (no added flavour)

LA MIRIAM (P) 1kg Smoked Salmon, 200g Smoked Salmon, 100g Smoked Ocean Trout, 100g Smoked Salmon, Traditionally Smoked 800g Smoked Ocean Trout, Salmone Affumicato 500g Smoked Salmon, Smoked Salmon Trimmings 500g, Raw Salmon Portions 200g

SEA KING (P) Cold Smoked Ocean Trout, Cold Smoked Salmon when bearing the Kosher Australia Kosher symbol ONLY.

SPRINGFIELD INTERNATIONAL (P) Cold Smoked Salmon, Cold Smoked Ocean Trout

VARDE LAKS (P)

When labelled 'Approved for Passover'

Cold & Hot Smoked Salmon, Cold & Hot smoked salmon with pepper, Smoked salmon party pack

WOODBIDGE SMOKEHOUSE (P) Cold or Hot Smoked Salmon, Cold or Hot Smoked Trout

FRUIT (DRIED)

Dried fruits may be coated with vegetable oil, dextrose or flour which may be Kitniyos or even Chometz.

ANGAS PARK (P) Apricots Soft & Juicy (Product of Turkey)

DISSEGNA PREMIUM FAMILY PRODUCE (P# KLP) Dried Prunes

KOSHER KINGDOM ORGANICS (P# KLP) Apricots, Banana, Currants, Goji Berries, Green Apple, Mango, Medjool Dates, Peach, Pear, Pineapple, Pitted Prunes, Raisins, Red Apple, Red Flame Grapes, Sultanas, Sunmuscats, Turkish Figs

KRAUS FOODS (P#KLP) Apricots, Peaches, Pears, Prunes, Raisins, Turkish Figs

LEWIS & SON (P# KLP) Dried Apple Rings, Dried Apricot, Dried Pear, Pitted Prunes, Raisins

PREMIUM AUSTRALIAN CLUSTERS (P) Crimson Seedless, Menidee Seedless, Muscat of Alexandria, Sunmuscats, Waltham Cross Seeded

ROYAL NUT COMPANY (P# KLP) Apricots, Medjool Dates, Natural Raisins, Nectarine, Peaches, Pears, Pitted Prunes, Turkish Figs

RISHON FOODS (P# KLP) Apricots, Medjool Californian Dates, Peaches, Pears, Sundried Currants, Sundried Pitted Prunes, Sundried Raisins, Sundried Sultanas

SUNBEAM (P) Apricots, Australian Pitted Prunes, Natural Sultanas

NOTE: 'Product of Australia' or 'Packed in Australia'

FRUIT (FROZEN)

The following brands of fruit without additives are acceptable. It is recommended to rinse the fruit before use.

BERRY KING (P) Blackberries IQF, Blueberries IQF, Boysenberries IQF, Cherries IQF, Cranberries IQF, Mixed Berries IQF, Mango Cheeks IQF, Raspberries IQF, Strawberries IQF

CREATIVE GOURMET¹ (P) Frozen berries, pitted cherries, frozen raspberries, frozen strawberries

NANNA'S¹ (P) Fresh Frozen Berries, Mango Pieces, Strawberries

SPEEDY BERRIES (P) Blackberries IQF, Blueberries IQF, Mixed Berries IQF, Mango Cheeks IQF, Frozen Passion Fruit Pulp With Seeds, Raspberries Whole IQF, Red Currants IQF, Strawberries IQF

HONEY

Honey may be co-processed under heat with products containing Chometz. Many reported cases of glucose (which is kitniyos or even chometz) being sold as honey or combined with honey.

All Australian pure floral honeys from the following brands are acceptable:

ARCHIBALD HONEY (P#)

BACKYARD HONEY (P#)

BARNES NATURALS (P#)

BEE VITAL (P#)

BEECHWORTH HONEY (P#)

CAPILANO (P#)

PUREHARVEST (P)

ICE CREAM & SORBETS

RISHON FOODS - CHOLOV YISROEL ICE CREAM (D#KLP) Vanilla, Chocolate, Coffee, Mocha

RISHON FOODS - PAREVE ICE CREAM (P#KLP) Chocolate Mousse, Vanilla

RISHON FOODS - SORBETS (P#KLP) Berry, Lemon, Mango, Passionfruit, Raspberry, Strawberry

JAMS

ESKAL (P# KLP) Mixed Fruit Jam, Sour Cherry Jam, Strawberry Jam

JUICES (CITRUS & OTHERS)

Juices, including 'pure' juices, may use Chometz or Kitniyos derived additives such as citric acid, potassium sorbate or ascorbic acid or may share equipment with production containing Chometz and must therefore carry reliable Kosher approval.

NUDIE NOTHING BUT (P) Oranges with Pulp, Oranges without Pulp

NOTE: A special supervised run of juice will be available a few days before Pesach. Please watch for an advisory.

Please note that Nudie products are exclusively certified by Kosher Australia.

SUMMER TIME (P# KLP) Pink Lady Apple Juice Kosher for Passover

NOTE: Can be ordered online from summersnowjuice.com.au/our-news/2017/3/14/kosher-for-passover-available-now

MATZAH & MATZAH MEAL

Matzah MUST be marked as being Kosher for Pesach/Passover and carry a reliable Kosher for Passover certification.

WARNING: Egg matzah may not be eaten on Pesach. (Sick and elderly people should discuss the use of Egg Matzah with their Rabbi). MANISCHEWITZ TAM TAMS (OU-P) are made from egg matzah.

LEWIS & SON (P#KLP) Coarse Matzo Meal, Fine Matzo Meal

SNIDER CARMEL (P#KLP) Matza, Matza Meal Fine, Matza Meal Coarse

WARNING: Matzah without the Kosher Australia 'Kosher for Pesach' symbol are Chometz

MEAT (PRE-PACKED)

The following produce meat products under the strict supervision of Kosher Australia

CONTINENTAL KOSHER BUTCHERS (F# KLP)

LEWIS & SONS (F# KLP)

NON DAIRY MILK SUBSTITUTES

Milk substitutes such as soy-milk and rice-milk drinks contain kitniyos and many contain actual Chometz ingredients. Some Kosher stores stock Almond milk or Coconut cream with reliable Kosher for Pesach certification. Many milk substitutes currently investigated by Kosher Australia contain at best kitniyos ingredients or are produced on equipment that processes Chometz such as oat milk.

NUT BUTTER

KRAUS FOODS (P#KLP) Almond Butter

NATURALS BY MELROSE (P#) ABC (Almond, Brazil & Cashew) Spread, Almond Spread, Cashew Spread, Hazelnut Spread, Macadamia Spread, Pistachio Spread, Walnut and Cashew Spread

ROYAL NUT COMPANY (P#) ABC Spread, Almond Spread, Cashew Spread, Hazelnut Spread, Macadamia Spread, Pistachio Spread, Royal Spread

NUTS GROUND

KOSHER KINGDOM (P# KLP) Almond Meal, Almond Natural Meal

KRAUS FOODS (P# KLP) Blanched Almond Meal

LEWIS & SON (P# KLP) Blanched Almond Meal

RISHON FOODS (P# KLP) Almond Meal Blanched

ROYAL NUT COMPANY (P# KLP) Blanched & Natural Almond Meal

NUTS & SEEDS (RAW, BLANCHED, DRY ROASTED; WHOLE, GROUND)

See Baking Ingredients, Fruits, Vegetables and Kitniyos.

Raw nuts in their shells do not require Kosher for Pesach supervision. Please note that peanuts are Kitniyos.

COLES (P#) Almonds (Supplier# 945404), Pistachios Roasted & Salted (Supplier# 945404)

FORRESTER'S FRESH (P#) Roasted & Salted Australian Pistachios 600/1000g

KOSHER KINGDOM (P#KLP) Almonds Raw, Almond Roasted, Almond Slivered, Almond Flaked, Almond Meal, Almond Natural Meal, Hazelnut Raw, Cashew Raw, Pecan, Walnuts, Pinenuts, Pepitas, Pistachios Kernels, Pistachios Salted

KRAUS FOODS (P#KLP) Almonds Dry Roasted, Almonds Raw, Almonds Slivered, Cashews Raw, Chia Seeds, Pepitas, Quinoa, Walnuts Californian

LEWIS & SONS (P#KLP) Blanched Almond Meal, Dry Roasted Australian Almonds, Dry Roasted Cashew, Mixed Chia Seeds

RIVERSIDE (P#) Raw Macadamia Kernel, Raw Pecan Kernel, Raw Walnuts

RISHON FOODS (P#KLP) Almond Kernels, Blanched Whole Almonds, Blanched Slivered Almonds, Blanched Flaked Almonds, Walnut Halves, Cashews Jumbo Raw, Pistachios Roasted Salted, Pepitas, Pecans

ROYAL NUT COMPANY (P#KLP) Californian Walnut, Raw Cashew, Raw Almond, Slivered Almond, Raw Brazil Nut, Dry Roasted Almond, Pepitas, Australian Roasted & Salted Pistachios in Shell, Australian White Chia Seeds

STAHMANN FARMS (P#) Organic & Raw Macadamia Nut in Shell, Organic & Raw Macadamia Kernel, Organic & Raw Pecan Nut in Shell, Organic & Raw Pecan Kernel, Organic Dry Roasted Macadamia Nut in Shell

WOOLWORTHS (P#) Roasted & Salted Pistachios (Supplier# 79632), Walnut Kernels, Walnut Kernels in Shell

OIL (COCONUT)

BANABAN (P) Extra Virgin Coconut Oil, Virgin Coconut Oil

DR BRONNER¹⁴ (P#KLP) Unrefined Whole Kernel Coconut Oil, Unrefined White Kernel Coconut Oil

KOKONUT PACIFIC (P) Cold-Pressed Virgin Coconut Oil

MARETAI ORGANICS (P) Virgin Coconut Oil

MELROSE (P) Organic Unrefined Coconut Oil

PROCHEF (P) Extra Virgin Coconut Oil Spray

OIL (EXTRA VIRGIN OLIVE OIL)

Despite the use of processing aids in the production of Extra Virgin Olive Oil, product under year-round reliable Kosher supervision is acceptable without special Pesach supervision as these processing aids are not evident in the end product. (Refined oils may be co-processed with animal fats and require Kosher supervision for year round use.)

The following brands of unflavoured Extra Virgin Olive Oil (Product of Australia only) are acceptable:

COBRAM ESTATE (P)
COCKATOO GROVE (P#)
COLES FINEST (P)
DISSEGNA (P#)
OLIVE GROVE (P)
PUREHARVEST (P)
RED ISLAND AUSTRALIA (P)
YELLINGBO GOLD (P#)

OIL (OTHER)

PRESSED PURITY⁷ (P) Cold Pressed Almond Oil, Cold Pressed Apricot Oil, Cold Pressed Avocado Oil, Cold Pressed Macadamia Oil, Cold Pressed Olive Oil, Cold Pressed Walnut Oil

OIL (SPRAY)

COBRAM ESTATE (P) Extra Virgin Olive Oil Spray

PROCHEF (P) Extra Virgin Coconut Oil Spray, Extra Virgin Olive Oil Spray, Extra Virgin Avocado Oil Spray

NOTE: Non Stick versions are not recommended

RED ISLAND AUSTRALIA (P) Extra Virgin Olive Oil Spray

OLIVES (PICKLED)

YELLINGBO GOLD (P#) Olives - Yellingbo Mix

QUINOA

Since quinoa may be co-processed with wheat, only quinoa seeds with reliable Kosher for Pesach approval should be used.

CHEF'S CHOICE¹ (P) Black Quinoa, Red Quinoa, White Quinoa, 3 Mix Quinoa

ROYAL NUT COMPANY (P#KLP) White Quinoa

SALT

Many authorities allow the use of all non-iodised salts^{7,8}.

BLACK & GOLD (P#) Table Salt (500g plastic), Iodised Table Salt (500g plastic), Cooking Salt (1kg & 2kg soft packet)

COLES SMART BUY (P#) Table Salt (500g plastic), Iodised Table Salt (500g plastic)

KIRKLAND⁷ (P) Salt, Med Sea Salt Grinder, Sea Salt

LEWIS & SON (P# KLP) Kosher Salt

MERMAID (P#) Salt (including iodised) – all pack sizes

MURRAY RIVER (P#) Gourmet Grinder Salt, Gourmet Salt Flakes

SAXA (P#) Table Salt (500g soft packet, 750g plastic container), Iodised Table Salt (500g soft packet, 750g plastic container), Cooking Salt (1kg & 2kg soft packet), Iodised Cooking Salt (1kg soft packet), Rock Salt (500g & 1kg soft packet), Iodised Rock Salt (500g soft packet)

OLSSON SALT/PACIFIC (P) All plain & iodised varieties

SOUPS

LEWIS & SONS (F# KLP) Chicken Schmaltz, Chicken Soup

SPICES

Ground herbs and spices should only be used if bearing a reliable Kosher for Pesach approval as oils and other processing aids that contain Chometz or Kitniyos may be used in the drying and packing process.

LEWIS & SON (P#KLP) Black Pepper Ground, Black Pepper Whole, Cinnamon Ground, Cinnamon Quills, Coriander Seeds Ground, Garlic Ground, Italian Mixed Herbs, Onion Powder, Oregano, Paprika

ROYAL NUT COMPANY (P#KLP) Ground Cinnamon

SUGAR, SWEETENERS & SUGAR SUBSTITUTES

Commercial stevia may be blended or co-processed with kitniyos or chometz.

Icing sugar may be blended with corn starch or even flour.

CSR (P#) Brown Sugar, Caster Sugar, White Sugar, Raw Sugar, Unrefined Raw Coconut Sugar

CSR POUR & STORE (P#) Caster Sugar, White Sugar

HERMES HERMESETAS⁴ (P#) Classic, Mini Sweeteners, Original

NOTE: Product of Switzerland only

MARETAI ORGANICS AUSTRALIA (P) Agave Syrup (Dark/Light), Agave Inulin Powder

SUGARS OF THE WORLD (P#) Australian Muscovado Sugar, Sri Lankan Rapadura Sugar

TEA

Instant tea, flavoured tea and decaffeinated tea should not be used without formal Kosher for Pesach certification. Teabags may be made from corn starch which are kitniyos or may contain chometz. Some authorities allow the use of all unflavoured loose tea⁷.

The following local brands have been checked by Kosher Australia and contain no Chometz or kitniyos ingredients.

HENRY LANGDON TEAS (P) Chamomile & Lavender, English Breakfast, Jasmine & Green, Lemongrass & Ginger, Mint & Green, Organic Green, Peppermint

MADURA TEA (P)

ONLY the following varieties of loose tea, teabags and enveloped teabags are acceptable. Varieties in 'silk' tea bags are not acceptable as the bags are made from corn starch.

English Breakfast, Flowers of Camomile, Green Tea and Jasmine, Green Tea and Papaya, Green Tea, Leaves of Peppermint, Organic English Breakfast, Premium Leaf Tea, Pure Assam, Sweet Green Leaf Tea, White Tea (loose tea, tea bags and enveloped tea bags only)

TEA BLOSSOMS (P) Chamomile, Chamomile Lavender, English Breakfast, Green Jasmine, Peppermint, Fruit Royale, Chamomile Foxtrot, Velvet Mint, Roobios Chocolate & Orange – all either loose leaf or silk pyramid bag.

VEGETABLES (CANNED & JARS)

KLEIN'S GOURMET (P#KLP) Crushed Tomatoes in Jars, Crushed Tomatoes in Cans

VEGETABLES (DICED/PEELED)

Peeled vegetables and fruit should not be purchased for Pesach without reliable supervision.

CATER CARE (P#) Beetroot, Carrots, Onions, Potato, Pumpkin, Swede, Sweet Potato

HYGENE PACKERS (P#) Pre-cut vegetables: Carrots, Onions, Potatoes, Pumpkin

KOSHER KINGDOM (P#) Potato peeled/diced, Pumpkin Diced, Onion peeled, Garlic Peeled, Horseradish Root

PRI-CUT (P#KLP) Peeled Vegetables

VEGETABLES (FROZEN W/O ADDITIVES)

Frozen vegetables should not be used without Pesach approval. The following products have been checked:

Note: It is recommended to pre-rinse broccoli & cauliflower and visually check for infestation

BIRDSEYE (P) Broccoli, Cauliflower, Carrots, Onions

COLES (P) Broccoli, Cauliflower, Cauliflower & Broccoli, Carrots, Onions

SELECT (P) Broccoli, Cauliflower, Cauliflower & Broccoli, Carrots, Onions

VEGETABLES (PICKLED)

ESKAL (P#KLP) Red Horseradish, White Horseradish

LERNER'S PICKLES (P#KLP) Cucumber, Cauliflower, Beetroot, Turnip, Carrot

LEWIS & SON (P# KLP) Beetroot Kimchi, Beetroot Kraut, Fennel Kraut, Fermented Sambal, Fermented Sweet Chilli Sauce, Gajar Ka Achaar, Jalapeno En Escabeche, Kale Kraut, Kimchi, La Kimchi, Francois, Melanzane Di Sicilia Fermentate, Pickled Chillies, Pickled Habanero, Preserved Lemons, Rockin' Out Brocco-Kraut, Sauerkraut, Sweet & Sauerkraut, Wild Fermented Salsa Rosso

VINEGAR

BARNES NATURALS (P) Organic Unfiltered Apple Cider Vinegar with Mother, Organic Unfiltered Apple Cider Vinegar with Honey and the Mother, Organic Unfiltered Apple Cider Vinegar & the Mother with Manuka Active 5+

WATER (UNFLAVOURED STILL)

All bottled (plastic/glass), still unflavoured water is acceptable. The following have been checked.

CAPE GRIM (P#)
COOL RIDGE (P#)
EVIAN⁵ (P)
FRANTELLE (P#)
SCHWEPPES (P#)

WATER (UNFLAVOURED CARBONATED)

Carbonation (CO₂) used in the production of carbonated drinks may be derived from Chometz sources. The following brands do not use from Chometz derived carbonation:

CAPE GRIM (P#) Sparkling Water

DEEP SPRING (P) Unflavoured Mineral Water

KIRKS (P) Soda Water

Note: Products with batch codes starting with B or M are recommended

MOUNT FRANKLIN (P) Lightly Sparkling Water (unflavoured only), Sparkling Water

Note: Products with batch codes starting with B or M are recommended

PERRIER⁵ (P) Naturally Carbonated Mineral Water

SCHWEPPES (P) Natural Mineral Water (unflavoured only), Soda Water

SODASTREAM (P) Sparkling Water – Unflavoured

WINE PRESERVATIVE REMOVER

PURE WINE DROPS (P) note that this is NOT a wine

WINE

Wine production uses ingredients that may be problematic for Pesach. Check that the wine carries reliable Kosher for Passover certification.

In addition not all Kosher for Pesach wines and juices (including Kedem⁷ brand) are *mevushal* (cooked). Consumers should check the label on the product carefully (*Mevushal* must be written in English or Hebrew) as the handling of non-*mevushal* wines differs from that of *mevushal* wines.

Please see Wines under SEDER – FOODS on page 55 for the requirements for wine at the Seder.

The following wines are produced under the strict supervision of Kosher Australia and are Kosher for Pesach and *Mevushal* when bearing Kosher for Pesach symbols.

FIVE STONES (P# KLP)

All varieties (KLP and *Mevushal*) when bearing the Kosher Australia Kosher for Pesach symbol

SIX PARALLELS SOUTH (P# KLP)

All varieties (KLP and non-Mevushal) when bearing the Kosher Australia Kosher for Pesach symbol

CHOMETZ-FREE KITNIYOS FOODS

For those who follow the Sephardi custom or have received Rabbinic dispensation to use *kitniyos* the following items containing *kitniyos* have been ascertained to be *Chometz* free and may be used if purchased before Pesach.

WARNING: Gluten free products may contain actual chometz ingredients.

AUSTRALIA'S OWN Organic Almond Milk, Organic Almond Milk Unsweetened

BIRDSEYE FROZEN VEG Peas (without mint flavour), Beans, Corn on the Cob, Corn Kernels

COLES FROZEN VEG Peas (without mint flavour), Beans, Corn on the Cob, Corn Kernels

FIVE SEASONS BRAND Tofu

HAKEA Organic Tofu

MACRO Classic Tofu

PUREHARVEST Corn Cake, Rice Cake, Rice & Linseed (only circle shaped)

SUNRICE Arborio Mediterranean Rice, Arborio Rice, Brown Long Grain Rice, Brown Medium Grain Rice, Corn & Sesame Thick Sliced Rice Cakes, Doongara Clever Rice, Doongara White Long Grain Rice, Japanese Style Sushi Rice, Jasmine Fragrant Rice, Mixed Grains, Thin Rice Cakes, Organic Rice White Long Grain, Original Thick Sliced Rice Cakes, Original Thin Rice Cakes, Quick Cooking Brown Rice, Rice & Corn Thin Rice Cakes, White Medium Grain Rice, Wild Blend Entertainer Rice

Product of Australia ONLY

TOFU SHOP INTERNATIONAL Tofu

TOM'S NUTS Peanut Butter

UNIGREEN Bean Curd, Shanghai Bean Curd, Fresh Hard Tofu, Soy Drink, Soy Drink with Sugar, Soy Drink Sugar Free

PET CARE

Many pet foods include wheat, wheat germ, bakers dried yeast or barley that are prohibited on Pesach as they are Chometz. Others contain cheese, kefir or milk that are dairy and when combined with meat are prohibited year round due to Bossor V'Chalav (prohibited Dairy/Meat mixtures). Please check the ingredients panel before purchasing pet food.

BIRDS / BUDGIES / CANARIES

Plain Canary Seed, Pannicum, Sunflower Seeds, Millet, Sorghum or Peanuts can be used.

Larger birds such as parrots can eat pure alfalfa pellets (make sure it is pure alfalfa since it is common to add grains) or dry dog food.³

Large pieces should be shredded first.

CATS & DOGS

IMPORTANT GENERAL NOTE : Cat foods containing wheat, wheat fibre, wheat germ, barley, brewer's yeast or oats are not permitted on Pesach. Varieties containing meat and dairy (including yoghurt & cheese) are prohibited during Pesach **and year around**.

Pure meats without wheat germ & additives are permissible.

The following brands have been investigated for 2017.

(CH=Contain Chometz, P=Pesach Suitable, NK=Not Kosher year-round, N/I=No Information at this time)

CAT FOODS	
Advance Chicken and Liver Medley	P
Advance Chicken and Salmon Medley	P
Advance Delicate Tuna	P
Advance Dental Adult	P
Advance Hairball	P
Advance Indoor Adult	P
Advance Kitten Growth Chicken	P
Advance Light Adult	P
Advance Mature Cat	P
Advance Succulent Turkey	P
Advance Tender Chicken Delight	P
Advance Total Wellbeing Chicken	P
Advance Total Wellbeing Fish	P
Artemis Fresh Mix Feline Formula	NK
Artemis Fresh Mix Weight Management /Senior Cat	NK
Artemis Osopure Grain Free Feline	P
Barf – Entire Range	NK
Canidae Felidae: Grain Free Pure Sea Canned	P
Canidae Felidae: Grain Free Pure Elements Canned	P
Canidae Felidae: All Life Stages Formula Canned	P
Canidae Felidae: Chicken and Rice Canned	P
Canidae Grain Free Pure Stream Dry	P
Canidae Grain Free Pure Sea Dry	P
Canidae Grain Free Pure Ocean Dry	P
Canidae Grain Free Pure Elements Dry	P
Canidae Turkey Lamb and Fish – Dry -	CH
Canidae - All Life Stages Entrée – Chicken, Lamb, Ocean Fish, Tuna, Salmon Turkey Trout -Pates	P

Hills Science Diet Adult Gourmet Turkey Entrée	CH
Hills Science Diet Adult Hairball Control – Dry	P
Hills Science Diet Adult Hairball Control Light – Dry	CH
Hills Science Diet Adult Hairball Control Savoury Chicken Entrée – Canned	CH
Hills Science Diet Adult Indoor – Dry	P
Hills Science Diet Adult Indoor Cat Savory Chicken Entrée – Canned	CH
Hills Science Diet Adult Light	CH
Hills Science Diet Adult Light Liver & Chicken Entrée – Canned	CH
Hills Science Diet Adult Optimal Care™ Original – Dry	P
Hills Science Diet Adult Oral Care	P
Hills Science Diet Perfect Weight - Dry	CH
Hills Science Diet Perfect Weight Chicken & Vegetables	P
Hills Science Diet Adult Savory Seafood Entrée – Canned	CH
Hills Science Diet Adult Sensitive Stomach & Skin – Dry	P
Hills Science Diet Adult Tender Chicken Dinner	CH
Hills Science Diet Adult Tender Tuna Dinner	CH
Hills Science Diet Kitten Healthy Development Original – Dry	P
Hills Science Diet Kitten Liver & Chicken Entrée – Canned	CH
Hills Science Diet Kitten Tender Chicken Dinner	CH
Hills Science Diet Mature Adult Gourmet Turkey Entrée – Canned	CH
Hills Science Diet Mature Adult Hairball Control – Dry	P

Hills Science Diet Mature Adult Longevity Original – Dry	P
Hills Science Diet Vet Essentials Feline Adult	P
Hills Science Diet Vet Essentials Kitten	P
Iams Purrrfect Delights Temptme Tuna and Mackerel in Sauce – tinned	P
Iams Grain Free Naturals – Chicken and Salmon Recipe - Dry	P
Iams Purrrfect Grain Free – White Meat Chicken Breast Recipe Tinned	P
Iams Purrrfect Delicacies – Select Cuts with Roasted Chicken and Beef Entrée - tinned	P
Iams Purrrfect Delights – winner winner with Chicken dinner flaked -tinned	P
Iams Adult Fillet Salmon in Sauce – tinned	P
Iams Purrrfect Delicacies Signature Flaked Tuna and Salmon - tinned	P
Iams Purrrfect Grain Free Variety Pack – Salmon, Mackerel and Whitefish, Ocean Fish and Tuna - tins	P
Iams Purrrfect Grain Free – White meat chicken Breast and Beef – tin	P
Iams Purrrfect Delicacies – Slow cooked Turkey and Liver dinner - tin	P
Iams Purrrfect Dlights Dipity Entrée pate in sauce – tin	P
Iams Veterinary Formula – Maximum Calorie Canine and Feline (tin)	P
Iams Purrrfect Grain Free Saucy Wild Mackerel and Whitefish - tin	P
Iams Purrrfect Grain Free White Meat chicken Breast and tuna - tin	P

Iams Purrfect Delights Sardines Dinner flaked in Sauce – tin	P
Iams Purrfect Delights chickendulgence entrée Pate in sauce – tin	P
Iams Purrfect Grain Free Sauce Wild Tuna and Salmon Dinner – tin	P
Iams Purrfect Delicacies Toasted chicken and Shrimp Dinner in Gravy – tin	P
Iams Purrfect Delicacies Roasted Beef and Salmon Dinner in Gravy – tin	P
Iams Purrfect Delights Tunatopia Dinner flaked in Sauce – tin	P
Iams Purrfect Delights Turkey-lation entrée pate in sauce – tin	P
Iams Purrfect Delights Cluckin good Chicken Dinner Chunks in gravy – tin	P
Iams Adult Fillets – Chicken in Gravy Cat Food – tin	P
Iams Adult Fillets Tuna in Sauce Cat Food - tin	P
Iams Delicacies Premier Flaked Mackerel and Whitefish in Sauce - tin	P
Iams Purrfect Delights Tuna Turkey Tango Entrée Pate in Sauce – tin	P
Iams Purrfect Delights Sea You Soon, Tuna Dinner chunks in Gravy	P
Iams Purrfect Delights Dive In Oceanfish Dinner chunks in Gravy	P
Iams Pouch Active Maturity	P
Iams Pouch Adult Chicken	CH
Iams Pouch Adult Multi Pack	P
Iams Pouch Adult Salmon	P
Iams Pouch Adult Tuna	P
Iams Pouch Kitten	P
Iams ProActive Health - Entire Range	CH
Natural Choice Wholesome Essentials - Chicken	P
Natural Choice Wholesome Essentials – Salmon	P
Natural Choice Wholesome Essentials Kitten	P
Royal Canin Babycat Instinctive	NK
Royal Canin Kitten Instinctive	NK

Royal Canin Kitten Instinctive	NK
DOG FOOD	
Advance Active All Breed Chicken	P
Advance Adult All Breed Casserole Chicken	CH
Advance Adult All Breed Chicken, Turkey, Rice	P
Advance Adult All Breed Casserole Lamb	CH
Advance Adult All Breed Chicken, Salmon, Rice	P
Advance Dental Large + Breed Chicken	P
Advance Dental Small Medium Breed Chicken	P
Advance Dermocare All Breed	P
Advance Mature Dog All Breed Chicken	P
Advance Puppy Plus Growth All Breed Chicken, Rice	P
Advance Puppy Plus Growth All Breed Lamb, Rice	P
Advance Puppy Plus All Breed Chicken	P
Advance Puppy Plus All Breed Chicken, Rice	P
Advance Puppy Plus Growth Large Breed Chicken	P
Advance Puppy Plus Rehydratable Toy Small Breed Chicken	P
Advance Sensitive All Breed Chicken, Rice	P
Advance Sensitive All Breed Tuna, Rice	P
Advance Total Wellbeing All Breed Chicken	P
Advance Total Wellbeing All Breed Lamb & Rice	P
Advance Total Wellbeing All Breed Turkey & Rice	P
Advance Total Wellbeing Large Breed Chicken	P
Advance Toy Small Breed Lamb & Rice	P
Advance Toy Small Breed Turkey & Rice	P
Advance Weight Control All Breed Chicken, Rice	P
Advance Weight Control Large Breed Chicken	P
Advance Weight Control Toy Small Breed Chicken	P
Artemis Fresh Mix Adult Dog (Medium and Large Breeds)	NK

Artemis Fresh Mix Cans for Dogs	CH
Artemis Fresh Mix Medium & Large Breed Puppy	CH
Artemis Fresh Mix Senior Dog	NK
Artemis Fresh Mix Small Breed Adult Dog	NK
Artemis Fresh Mix Small Breed Puppy	NK
Artemis Fresh Mix Weight Management Dog (All Breeds)	NK
Artemis Osopure (Dry only)	P
Barf – Entire Range	NK
Canidae Grain Free Pure Sea Canned	P
Canidae Platinum Canned	P
Canidae Large Breed Puppy - Chicken, Duck and Lentil Formula (Canned)	P
Canidae Large Breed Adult - Chicken, Duck and Lentil Formula (Canned)	P
Canidae All Life Stages Formula Canned	P
Canidae Platinum Dry	NK
Canidae Large Breed Puppy - Duck Meal, Brown Rice and Lentils Dry	NK
Canidae Large Breed Adult - Duck Meal, Brown Rice and Lentils Dry	NK
Canidae Lamb & Rice Dry	NK
Canidae Chicken & Rice Dry	NK
Canidae All Life Stages Dry	NK
Canidae Grain Free Pure Sky Canned	P
Canidae Grain Free Pure Land Canned	P
Canidae Grain Free Pure Elements Canned	P
Canidae Life Stages Bakery Snack - Turkey and Quinoa	P
Canidae Grain Free Pure Heaven Biscuits - Salmon and Sweet Potato	P
Canidae Grain Free Pure Heaven Biscuits - Duck and Chickpea	P
Canidae Grain Free Pure Sky Dry	NK
Canidae Grain Free Pure Sea Dry	P
Canidae Grain Free Pure Land Dry	NK
Canidae Grain Free Pure Foundations Dry	NK

Canidae Grain Free Pure Elements Dry	NK
Eukanuba Dermatositis Canned	P
Eukanuba Veterinary Diet	CH
Eukanuba Veterinary Diet Intestinal Adult	CH
Eukanuba Veterinary Diet Restricted Calories	P
Hills Science Diet Adult Active	P
Hills Science Diet Adult Advanced Fitness Original	CH
Hills Science Diet Adult Gourmet Beef Entrée – Canned	CH
Hills Science Diet Adult Gourmet Chicken Entrée – Canned	CH
Hills Science Diet Adult Large Breed – All	P
Hills Science Diet Adult Light – All	P
Hills Science Diet Adult Oral Care – Dry	P
Hills Science Diet Adult Perfect Weight - All	CH
Hills Science Diet Adult Savory Stew - All	CH
Hills Science Diet Adult Sensitive Skin	P
Hills Science Diet Adult Sensitive Stomach	CH
Hills Science Diet Adult Small & Toy Breed ALL	CH
Hills Science Diet Adult Small Bites	CH
Hills Science Diet Mature Adult Gourmet Chicken Entrée	CH
Hills Science Diet Mature Adult Large Breed	P
Hills Science Diet Mature Adult Savory Stew with Rice & Vegetables/ Chicken & Vegetables	CH
Hills Science Diet Mature Adult Small & Toy Breed	CH
Hills Science Diet Puppy Gourmet Entrée	CH
Hills Science Diet Puppy Health Development Original & Bites	P
Hills Science Diet Puppy Large Breed	P
Hills Science Diet Puppy Savory Stew - All	CH
Hills Science Diet Puppy Small & Toy Breed	CH
Hills Science Diet Senior 11+ Small & Toy	CH

Hills Science Diet Small & Toy Adult Savoury Stew - All	CH
Hills Science Diet Vet Essentials Canine Adult	CH
Hills Science Diet Vet Essentials Puppy	P
Hills Science Diet Vet Essentials Puppy Large Breed	P
Iams ProActive Health Adult Minichunks	P
Iams Grain Free Naturals Adult Chiccken and Garden Pea	P
Iams Healthy Naturals Adult Grain Free Salmon and Red Lentils	P
Natural Choice Adult Dog Can – Chicken & Rice	CH
Natural Choice Adult Dog Light Can - Lamb & Rice	CH
Natural Choice Adult Dog Sensitive Skin Fish & Rice Formula - Dry	P
Natural Choice Adult Dog Weight Management – Lamb & Rice	P
Natural Choice Adult Dog Wholesome Essentials – Lamb & Rice	P
Natural Choice Adult Dog Wholesome Essentials – Chicken & Rice	P
Natural Choice Puppy Can Chicken, Rice & Oatmeal	CH
Natural Choice Puppy Can Lamb & Rice	CH
Natural Choice Puppy Large Breed Chicken & Rice	P
Natural Choice Puppy Wholesome Essentials – Chicken & Rice	P
Royal Canin – Rest of Range	CH
Royal Canin Dachshund Adult	CH
Royal Canin Shih Tzu	CH

CAT & DOG SNACKS

LOVE 'EM

For Pesach: LIVER CHEWS, CHICKEN LIVER TREATS, PORK LIVER TREATS, BEEF LIVER PANTRY PACK, BEEF LIVER TREATS

Not for Pesach: LIVER COOKIES LINSEED SOY & ROSEMARY, LIVER COOKIES SOY & WHOLEMEAL, LIVER COOKIES JOINT CARE, LIVER COOKIES LAMB & MINT, LIVER COOKIES WHEAT FREE WITH LAMB, PURRFECT CHICKEN FOR CATS, PURRFECT BEEF FOR CATS, LIVER MINI COOKIES CHICKEN & CRANBERRY, PUPPY REWARDS

FISH

Brine Shrimp, Daphnia & Tubifex - live or frozen, Soft Peas can be used.

HAMSTERS, GUINEA PIGS, GERBILS & RABBITS

This advice is courtesy of the Star-K.

Best to feed pure alfalfa pellets. Make sure it is pure alfalfa since it is common to add grains. Dried alfalfa may also be given. This can be supplemented with a mixture of cut-up fruits and vegetables – carrots, broccoli, grapes, apples, melon, kale, parsley, oranges, celery, dry corn, sunflower seeds & cabbage.

Guinea pigs especially will benefit from kale, parsley and oranges.

Hamsters especially will benefit from apples.

MEDICINES & PHARMACEUTICALS: 'OVER THE COUNTER'

Each year we receive numerous questions regarding the permissibility or otherwise of medications for Pesach. The Rabbinic Board of Kosher Australia has developed guidelines for medications on Pesach.

IMPORTANT WARNING: Please note that medicine prescribed for life-threatening or potentially life-threatening conditions may NOT be unilaterally discontinued or changed even if known to contain *Chometz*. Your doctor and rabbi must always be consulted regarding the best course of action to ensure Pesach observance while not G-d forbid endangering your life or health.

If possible all medicine should be purchased before 11:08/11:24am on Erev Pesach (Melbourne time).

All capsules, insoluble tablets and NON-chewable tablets Acceptable
 Though it is preferable to use a chometz free medicine if equally effective and readily accessible
 All chewable medicines must have Pesach approval
 All eye drops and/or ear drops Acceptable
 All gel oral medicines must have Pesach approval
 All liquid oral medicines must have Pesach approval
 All medicines applied to the gums, lips or teeth must have Pesach approval
 All nasal sprays Acceptable
 All puffers (inhalers/turbuhalers) Acceptable
 All soluble medicines must have Pesach approval
 All non-edible topical medications
 (creams, ointments, sprays & lotions) and suppositories Acceptable

Vitamins MUST have specific Kosher for Pesach approval as they are often derived via fermentation from wheat (e.g. Ascorbic Acid). Furthermore, vitamins and other non-essential pharmaceuticals, unless on doctor's orders or by prescription, are usually not classified as a medicine for an existing or potential genuine ailment or illness. As such they do not receive the same leniencies applicable to medicines and almost all authorities therefore say they should not be used without investigation to ensure they are *Chometz*-free.

Items listed below have been checked for Pesach 2017/5777. The following listed products are only 'over the counter' medications which are available in Australia based on our best information. This list is based on correspondence with manufacturers or information from overseas Kashrus authorities. For prescription medications contact your Orthodox Congregational Rabbi.

No conclusion should be drawn from the omission of any product. The only products listed are those for which we have sufficient information and are currently produced and sold. Decisions are generally based on the testimony of the firms.

No responsibility is accepted for advisability or effectiveness of medicines listed.

WARNING: All medicines should be used in separate utensils to normal Pesach utensils.

Key:

NI=No Information at this time, K=Kitniyos, CH=Chometz, P=Pesach, M=Dairy ingredients, NK=Non-Kosher ingredients

DESCRIPTION	PESACH	DAIRY	NON KOSHER
ACTILAX SYRUP	P	M	
ASPIRIN (BAYER)	NI		
ASPIRIN (MAYNE)	NI		
ASPRO CLEAR EXTRA STRENGTH	NI		
ASPRO CLEAR TABS	NI		
ASPRO TABLETS	NI		
BETAMIN 100MG 100 TABS	CH	M	
BIOGLAN RED KRILL OIL	NI		NK
BLISTEX ANTI-VIRAL COLD SORE CREAM	P		NK
BUSCOPAN FORTE TABS	P	M	

DESCRIPTION	PESACH	DAIRY	NON KOSHER
BUSCOPAN TABS	NI		
CALTRATE & VIT D TABS	NI		
CALTRATE TABS	NI		
CHAPSTICK ⁹ MEDICATED STICK, MOISTURIZER STICK, OVERNIGHT STICK, ULTRA MOISTURE GEL, ULTRA SPF 30 STICK	P		
CHEMISTS OWN IBUPROFEN PAIN/FEVER SUSPENSION	P		NK
CLARATYNE LIQUID CAPSULES	K		NK
CLARATYNE TABS	K	M	
CLARATYNE-D WITH DECONGESTANT REPETABS	K	M	NK
CODRAL C&F DAY/NIGHT CAPS	P	M	NK
CODRAL C&F DAY/NIGHT TABS	CH	M	NK
CODRAL C&F ORIGINAL TABS	CH	M	NK
COLOXYL TABS	CH		
COLOXYL WITH SENNA TABS	NI		
COMBANTRIN CHOCOLATE SQUARES	CH		NK
DEMAZIN C&F TABS	K		
DEMAZIN COUGH C&F TABS	K		
DISPRIN ² DIRECT TABS	K		
DISPRIN ² EXTRA TABS	K		
DISPRIN ² ORIGINAL	K		
DULCOLAX TABS	K	M	NK
ELEVIT WITH IODINE TABLETS	CH	M	
ELEVIT WOMEN'S MULTI TABS	CH	M	
FERRO-F	NI		NI
FERROGRAD C	NI		NI
FYBOGEL	K		
GASTRO STOP LOPERAMIDE CAPS	K	M	NK
GAVISCON – COOL LIQUID, ADVANCE LIQUID PEPPERMINT, DOUBLE ACTION MINT, PEPPERMINT LIQUID RELIEF	P		
GAVISCON ² TABS	CH		
HIPREX TABLETS	P		
HYDRALYTE - ALL	CH		
HYDROGEN PEROXIDE	P		
IBUPROFEN "CHEMISTS' OWN" PAIN & FEVER SUSPENSION	K		NK
IMODIUM CAPLETS	P		
IMODIUM CAPSULES	K	M	NK
IMODIUM MELTS	CH		NK
INFACOL WIND DROPS	P		
KAOLIN POWDER - PURE	P		
KENALOG IN ORABASE	P		NK
KWELLS TABS ²	CH		NK
METAMUCIL ⁹ ORIGINAL TEXTURE ORANGE FLVR	K		
METAMUCIL ⁹ ORIGINAL TEXTURE REGULAR FLVR	K		
MILTON ANTI BACTERIAL SOLUTION	P		
MOVICOL SACHET FLAVOUR FREE ONLY	P		
NAPROGESIC TABS	P		
NORMACOL PLUS GRANULES ²	P		
NULAX	NI		
NUROFEN ² CAPLETS	K		
NUROFEN CAPSULES	CH		NK
NUROFEN ² COLD & FLU TABS	P		
NUROFEN ² PLUS TABS	P		
NUROFEN ² TABS	P		

DESCRIPTION	PESACH	DAIRY	NON KOSHER
NUROFEN ZAVANCE CAPLETS ²	NI		
NUTRICIA APTAMIL FEED THICKENER	K		
OSTELIN VITAMIN D +CALCIUM TABLETS	CH		NI
OSTELIN VITAMIN D CAPSULES	NI		
OSTEVIT-D LIQUID	NI		
OSTEVIT-D ONE-A-WEEK CAPSULES	K		NK
OSTEVIT-D ORAL DROPS FOR CHILDREN	NI		NI
OSTEVIT-D TABS	P	M	
PANADOL C&F & DECONGESTANT CAPLETS	K		NK
PANADOL C&F RELIEF ORIGINAL FORMULA TABLETS	K		NK
PANADOL CHILDREN'S CHEWABLE TABLETS	CH		NK
PANADOL COLOUR-FREE BABY DROPS 1 MTH-2 YEARS ONLY	P		NK
PANADOL EXTRA CAPLETS	K		NK
PANADOL MINI CAPS	K		NK
PANADOL OPTIZORB FORMULATION CAPLETS	K		
PANADOL OSTEO MODIFIED RELEASE CAPLETS	K		NK
PANADOL RAPID CAPLETS	NI		NK
PANADOL TABS	K		NK
PANAMAX CO	K		NK
PANAMAX TABS	K		NK
PARAFFIN LIQUID – PURE (ALL BRANDS)	P		
PHENERGAN ELIXIR	CH		
PHENERGAN TABLETS	K	M	
QUICKEZE	NI		
RENNIES – ALL VARIETIES ²	CH		
SENOLOT TABS ²	P		
SM33 GEL	P		
SM33 LIQUID	CH		
SOLPRIN TABS	NI		
SPA TONE NATURAL IRON SUPPLEMENT ²	P		
SPREN ASPIRIN TABS	NI		
SUDAFED PE NASAL DECONGESTANT TABS	NI		
SUDAFED PE SINUS DAY/NIGHT TABS	NI		
TELFAS DECONGESTANT TABS	K		NK
TELFAS TABS 30MG	K		
TRAVACALM ORIGINAL	CH		
TUMS REGULAR, SMOOTHIES ⁹	K		
URAL SACHETS	NI		
VASELINE	P		
VOLTAREN RAPID TABS 50MG	K		
VOLTAREN TABS (25MG, 50MG)	K	M	
ZANTAC EXTRA STRENGTH RELIEF	P		NK
ZANTAC TABS (300MG, 150MG)	P		NK
ZOVIRAX COLD SORE CREAM	P		NK
ZYRTEC ORAL DROPS FOR INFANTS	P		NK
ZYRTEC ORAL SOLUTION	CH		NK
ZYRTEC TABS	P	M	

WARNING: A FEVER IN CHILDREN IS CONSIDERED TO BE DANGEROUS AND EVEN PRODUCTS CONTAINING CHOMETZ MAY BE USED. CONSULT YOUR RABBI.

TOILETRIES & COSMETICS

BABY CARE

TOPICAL

All topical products are acceptable^{7,8}.

BABY WIPES

It is recommended to use baby wipes that do not contain alcohol.

DEODORANTS - ROLL ON/STICK

All products are acceptable^{7,8}.

DEODORANTS - SPRAY

Spray deodorants may contain ethanol which can be derived from wheat. The following brands sold in Australia have been investigated for 2017. Note that pump sprays generally contain alcohol and are not recommended – please check ingredients.

ADDIDAS

BRUT

BODY CRYSTAL Crystal Mist Deodorant

CHARLIE² All Body Sprays

DOVE

DOVE MEN

DRY IDEA

FEMFRESH Feminine Deodorant Spray

LYNX Deodorant Sprays ONLY

Note: Body Spray is Not Recommended

NIVEA

NIVEA MEN

NORSCA

NORSCA MEN

REXONA

REXONA MEN

EYE CARE & CONTACT LENS CARE PRODUCTS

All products are acceptable^{7,8}.

FACIAL CARE

All products are acceptable^{7,8}. NOTE: Items Containing Oat Milk or Oats should be avoided.

HAIR CARE & SHAMPOO

All products are acceptable^{7,8}. NOTE: Items Containing Oat Milk or Oats should be avoided

HAND & NAIL CARE

All products are acceptable^{7,8}.

All nail polishes and removers are acceptable

LIP PRODUCTS

All NEWLY purchased unperfumed products are acceptable⁷. The following products have been checked for 2017.

CLINIQUE² Almost Lipstick, Different Lipstick, Colour Surge Lipstick, Vitamin A Lip Smoothie

NOTE: SUPERBALM LIPSTICK and LONG LAST LIPSTICK are not recommended

ESTÉE LAUDER² All-Day Lipstick, Pure Color Crystal Lipstick, Pure Color Envy Matte Sculpting Lipstick, Pure Color Envy Liquid Lip Potion, Pure Color Lipshine, Pure Color Multi-Shimmer Gloss, Automatic Lip Pencil Duo

MAC² Baroque Boudoir Lipgloss, Baroque Boudoir Lipstick, Dare To Wear Lipgloss, Dazzle Lipstick, Lip Glass All Shades, Lip Mix, Lipmix All Shades, Lipmix Gloss, Lustre Lipstick, Ma Couture Lip Glass, Ma Couture Lipstick, Matte Lipstick, Mattene Lipstick, Monogram Lipgloss, Pro Lip Erase Lip Balm, Pro Longwear Lip Colour, Pro Longwear Lip Crème, Pro Longwear Lip Gloss, Pro Longwear Lip Pencil, Pro Longwear Lipstain Marker, Pro Longwear Lustre Lip Colour, Retro Matte Lipstick, Satin Lipstick, Sheen Supreme Lipgloss, Sheen Supreme Lipstick, Slim Shine Lipstick, Studio Touch Up Lipstick, Stylistics Lip Glass, Tricolour Lip Glass, Upscale Lipstick.

REVLON² Always Sienna, Bare Maximum, Boundless Brandy, Enduring Iris, Everlasting Rum, Faithful Fawn, Forever Pink, Infinite Apricot, Infinite Raspberry, Keep Blushing, Neverending Nud, Perennial Peach, Perennial Plum, Sheer Blossom, Sheer Petal

REVLON COLOURSTAY² All products except Maxi Gloss

ORAL CARE

Toothbrushes should be changed for Pesach.

Dentures and plates should be thoroughly washed (some Kasher them with boiling water).

Most **mouthwashes** contain sorbitol, ethanol or citric acid that may be *Chometz* derived. Only Kosher for Pesach mouthwash should be used.

Hydrogen Peroxide is acceptable for Pesach use

Most locally made **toothpastes** contain sorbitol which may be *Chometz* derived. Toothpastes bearing Kosher for Pesach certification are available at many specialist Kosher retailers. The following items are *chometz* & *kitniyos* free but are not formally certified and may contain kitniyos derived ingredients.

COLES Denture Tablets

POLIDENT Fresh Active Express Tablets, Freshmint, Whitening Cleanser Tablets

REACH Dental Floss – Waxed, Dentotape – Waxed

STERADENT Denture Powder, Denture Fixative Cream Sensitive, Denture Paste, Ultra 3 Denture Fixative Cream

PERFUMES & COLOGNES

The following have been investigated for 2017.

ANAIŠ ANAIŠ² All Perfumes

ARAMIS² All Perfumes

CALVIN KLEIN² All Perfumes

CHANEL² All perfumes
CHLOE² All Perfumes
CLINIQUE⁹ All Perfumes
DAVIDOFF² All Perfumes
ESTEE LAUDER⁹ All Perfumes
MARC JACOBS² All Perfumes

SKIN PRODUCTS

All products are acceptable⁷. Items Containing Oat Milk or Oats should be avoided.

SOAPS & WASHES

All products are acceptable but NOT FOR USE ON DISHES – see 'KITCHEN PRODUCTS'.

NOTE: Items Containing Oat Milk or Oats should not be used e.g. Johnson Nourishing Body Wash with Oat Milk & Almond Oil.

AQUIM Handwash is acceptable for use. All QV wash products are acceptable for use.

HOUSEHOLD & KITCHEN

CLEANING PRODUCTS

Air Fresheners – alcohol free only
Bicarbonate of Soda (Baking Soda) – All brands
Floor cleaners (including ammonia) - All brands
Metal polishes - All brands
Oven cleaners - All brands
Rubber/latex gloves - All brands POWDER FREE ONLY
Soap-free sponges & scourers - All brands
Surface spray - All brands

WARNING: Methylated Spirits & Vinegar may be derived from wheat based ethanol and should be avoided for use on kitchen counters and food surfaces. Coles Vinegar is wheat derived and should be avoided for kitchen use.

AMWAY³ Dish Drops Concentrated Dishwashing Liquid, L.O.C. Metal Cleaner, L.O.C. Multi-Purpose Cleaner, L.O.C. Plus Glass Cleaner, L.O.C. Kitchen Cleaner

ANSELL Rubber gloves (NOT Disposable Handy Gloves)

ASTORIA PAPER PRODUCTS (P#) Apple Dishwashing Detergent, Automatic Dishwashing Liquid, Automatic Dishwashing Powder, General Purpose Cleaner

ASTRA General Purpose Silver lined Pink Rubber Gloves

CHUX All-Purpose Scrub Sponge, Cloths, Heavy Duty Scourer Pad, Multipurpose Disposable Gloves Vinyl (NOT Extra Grip Disposable Gloves), Multi-purpose Gloves Vinyl, Robuste, Rubber latex Gloves, Sponge, Superwipes

DAWN⁷ All detergents

EARTH CHOICE Dishwasher Powder, Dishwash Liquid - Lemon, Dishwash Liquid – Aloe

GODDARDS⁷ All cleaning products. Available from **Rishon Foods**.

HAGERTY⁷ All silver cleaning products (@ must be present on the pack)

JEX Steel Wool without soap

MILTON'S Liquid, Tablets

MORNING FRESH Dishwashing Liquid All In 1 Gel Sparkling Fresh, Dishwashing Liquid Antibacterial Tea Tree & Orange, Dishwashing Liquid Lemon Fresh, Dishwashing Liquid Lime Fresh, Dishwashing Liquid Original Fresh

NOTE Product of Indonesia

OATES Scourers, Sponges, Scourer/Sponges (only products without soap)

SCOTCH BRITE⁷ Sponges

NOTE must be marked "Made in USA" or "Made in USA, Packed in Korea".

TRIX Dishwashing Liquid Apple, Dishwashing Liquid Lemon, Dishwashing Liquid Mint

DISPOSABLE PLASTIC & PAPER PRODUCTS

Do NOT use paper plates (unless those listed below) as they may contain starches.

Do NOT use plastic-coated paper plates as they may have been washed in wheat-derived alcohol.

Recycled paper products should NOT be used in contact with food as they may be made with recycled paper pulp that contains wheat starch.

The following branded and non-branded products have been investigated and found to be Chometz-free based on information supplied by the manufacturer. They have NOT been produced under supervision.

Aluminium Foil Rolls - All Australian Made

Bags, Plastic - All brands

Bowls, Plastic - All brands

Cling Wrap – All brands

Cups, Paper - All Australian Made

Cups, Plastic - All brands

Cups, Polystyrene - All varieties

Cutlery, Plastic - All brands

Plates, Paper - Must have Pesach approval

Plates, Plastic - All brands

Semi-Rigid Aluminium Foil Products – Some authorities suggest that they should be rinsed prior to use just in case they have in contact with *Chometz*

Tablecloths, Plastic (powder film free) - All brands

Tissues, facial and/or toilet, unscented – All brands

Towels, Paper including serviettes – Many authorities allow the use of all paper towels on Pesach even if starch is used in the preparation of the paper.

ALPEN PRODUCTS¹ Napkins

BI-LO¹ Oven Bags

CAFÉ EXPRESS hot cold cups (available at Costco)

CAPRAL¹ Aluminium Foil

CAPRICE¹ Serviettes, Table Covers, Paper Towel

CASTAWAY¹ Easy-bake

COLES Baking Paper, Paper Towels, Serviettes, SmartBuy Foil (even made in China)

CONFOIL All semi-rigid aluminium foil products, All paper tray products

CREATIVE EXPRESSIONS¹ All products

DEEKO Paper Towels, Serviettes

DETPAK Hot Cups (all)

GILBERT¹ Aluminium foil

GLAD Freezer Go Betweens (All), Oven Bags and Baking Paper (All), Plastic Bags (All)

HANDEE¹ All products including paper towels & serviettes

KAAL¹ Aluminium foil, All semi-rigid aluminium foil products

KINGFOIL¹ Aluminium foil, All semi-rigid aluminium foil products

MULTIX All products

OSO Oven bags (All)

PAREGO¹ Napkins

SCOTT¹: Paper Towels

SPECIAL OCCASIONS¹ All products

THICK & THIRSTY Paper Towels

VIVA Paper Towels

LAUNDRY PRODUCTS

All laundry bar-soap, powders, pre-wash stain removers and liquid detergents may be used for laundry purposes ONLY. Ironing sprays may contain starch. CRISP & FABULON are chometz free.

KASHERING

Rabbi Mordechai Gutnick, Rabbinic Administrator

The Torah commands us that we may not eat or use *Chometz* on Pesach. This prohibition also extends to not even keeping *Chometz* in our possession for the duration of the festival. (See Shmos 12:14-20.)

In the weeks before Pesach the house and particularly the kitchen and eating areas must therefore be thoroughly cleaned to remove all traces of *Chometz*. Stoves and ovens, pots and pans, dishes and other eating utensils which have been used for *Chometz* throughout the year, cannot be used on Pesach. They must be thoroughly cleaned and stored away in a place and in a manner that ensures that they will not be used inadvertently on Pesach. Some utensils can be "*kashered*" through various kashering procedures so that they can be used on Pesach as well.

This article deals with preparing the house removal of *Chometz* and kashering. Any questions arising out of circumstances not covered by this guide should be directed to your Rabbi or to the Kosher Australia office.

KASHERING: METHODS OF CLEANING & KASHERING

There are seven basic methods of preparing and kashering items for Pesach use. The *kashering* required for any particular item or utensil depends on how that utensil came in contact with *Chometz*. The general rule is that the cleaning or kashering needs to match the manner in which the item became contaminated by *Chometz* in the first instance.

The following methods of kashering will be referred to in the course of this article:

METHOD #1: CLEANING

Some utensils require only a thorough cleaning to remove any *Chometz* that may adhere to the surface of the utensil. This is usually when the utensils have not been come in contact with *Chometz* through the medium of heat. The cleaning should be thorough and with the aid of an effective and strong detergent.

Items in this category include pantry shelves and refrigerators.

METHOD #2: COVERING

Some items even if used with hot *Chometz* need only be cleaned of surface dirt and then covered with a suitable covering to create an effective barrier between them and the Pesach foods or utensils they will come in contact with.

Items in this category include tabletops, serving counters, and in certain circumstances, stove tops.

METHOD #3: "MILUY VIRUY" - SOAKING

Some utensils, particularly those that may be damaged through the application of heat, may be *kashered* by completely filling them or immersing them in cold water for 72 hours. The water must be changed every 24 hours – so that effectively the utensil is soaked for three separate soakings of 24 hours each. The vessel in which the items are immersed should in the first instance be a vessel that itself is not *Chometz*.

Items in this category according to certain authorities include glass and certain plastic utensils.

METHOD #4: "HAGALAH" (SCALDING WITH BOILING WATER)

Some utensils that have come into contact with *Chometz* via hot liquids (greater than 45 degrees Celsius) need to be *kashered* by immersing them in boiling water. The method used is as follows:

- a) The item to be *kashered* needs to be thoroughly cleaned of surface dirt. Any item that has deep engravings or joints (such as cutlery with attached wooden handles) cannot be cleaned thoroughly and should not be *kashered* using this method.
- b) The utensil to be *kashered* should not be used with heat for 24 hours prior to kashering.
- c) Water should be brought to boil in a large pot that should in the first instance not itself be *Chometz*. (If a *Chometz* vessel is used it should not have been used for the past 24 hours). It is actually preferable to have a special pot designated for *kashering* use only.
- d) The item to be *kashered* should be immersed in the boiling water. Tongs may be used to immerse the item - however the tongs themselves should not be *Chometz*. (The tongs should be immersed first in the boiling water so that they are wet when they come in contact with the item to be immersed.)

- e) A number of items may be immersed in the vessel at the one time. However care should be taken that each item is immersed in such a manner that the boiling water completely surrounds each item. Dropping them in one at a time helps facilitate this requirement.
- f) If the water cools off and stops boiling during the immersion of the utensil it should be allowed to resume boiling while the item remains immersed.
- g) The item should then be removed from the boiling water. (One may not pour out the boiling water leaving the item inside the utensil.)
- h) Once removed from the boiling water the item should immediately be rinsed in cold water.

Items in this category include metal, wood, stoneware and according to some authorities, plastic utensils. Items such as metal pots and pans that are too large to be immersed in boiling water should be cleaned and not used for 24 hours. They should then be filled to the brim with water that should then be brought to boiling point on the stove. A large pre-heated stone should be carefully dropped into the boiling water allowing the boiling water to run over the outside of the pot. The pot should then be emptied and rinsed with cold water.

METHOD #5: "IRUY IM EVEN MELUVAN" (SCALDING WITH WATER & A HEATED "STONE")

Some utensils that have come in contact with *Chometz* via hot liquids, and cannot be immersed in boiling water, can be *kashered* by pouring boiling water onto them with the added use of a hot stone or metal pieces. Hot stones or metal tend to raise the temperature of the poured water back to boiling point even though it has been poured out of the original vessel in which it has been boiled.

- a) The item to be *kashered* needs to be thoroughly cleaned of all surface dirt.
- b) The item should then not be used with heat for 24 hours prior to the kashering.
- c) Stones or small pieces of metal (such as large nuts or bolts) should be heated on an open fire and moved by means of tongs to the area or object where the boiling water is to be poured.
- d) The heated stones or metal are placed on the item to be *kashered* or if the heated objects will damage the surface, they may be suspended by means of the tongs just above the item to be *kashered*.
- e) Boiling water should be poured directly from a kettle or other utensil (that has not been used in the past 24 hours) and must cover the entire surface of the item being *kashered*. The boiling water must come in contact with the hot metal or stones to ensure that its temperature remains as near as possible to the original boiling point.
- f) The *kashered* area or item should then be washed down with cold water.

An acceptable alternate method of this form of kashering, particularly when kashering large areas such as sinks and counters is the use of a portable steam generator that raises the water and steam generated to 100 degrees Celsius or higher. The boiling water and the accompanying steam created and sprayed out by this apparatus is considered sufficient to be considered identical to the more conventional method of boiling water being poured out and heated back to boiling point on the surfaces being *kashered*. The hot pressurised steam acts in the same manner as the heated stone or metal in this regard.

Items in this category include metal sinks, metal and granite counter tops, and according to some authorities counter tops made of synthetic materials such as laminex, melamine and formica.

METHOD #6: "LIBUN KAL" (LIGHT HEATING METHOD)

Some items may be *kashered* by the application of a flame (such as a blow-torch flame) to the point where straw or paper will begin to smoulder if applied to the **other** side of the utensil being heated in this manner. These items are those that have **indirectly** absorbed *Chometz* by means of strong heat without the medium of a liquid.

- a) The temperature required to be reached on the other side of the utensil being heated has been estimated as being 72 degrees Celsius. (The temperature on the side being heated would be well in excess of that.)
- b) The temperature required for "*libun kal* – light heating" without a direct flame application (such as when kashering the walls of an oven) is estimated at leaving the oven on for 2 hours at 190 degrees Celsius 1.5 hours at 235 degrees Celsius and 1 hour at 290 degrees Celsius
- c) This method does not require a 24 hour waiting period prior to it being used for kashering.
- d) The utensil being *kashered* by this method requires the prior removal of all surface dirt in the first instance. If this is not possible then the flame must be applied to each side of the vessel upon which there is surface dirt. This should be done in a manner that ensures that straw or paper would be singed on the other side of each side being heated.

- e) This method of kashering can be used as a substitute for items requiring the “*hagala* –scalding” method of kashering (Method #4) if they are able to withstand the heat generated.

An acceptable alternate method to achieve the degree of heat required for this method of *kashering* would be to place the utensils in a self-cleaning oven. The temperatures generated by the self-cleaning process are certainly considered sufficient to be acceptable as a proper “*libun kal*”.

Items in this category include interior walls of ovens
stove catchment plates that do not come in direct contact with the pots and pans used for cooking.

METHOD #7: “*LIBUN GOMUR*” (GLOWING METHOD)

Items that absorb *Chometz* by direct contact by means of an open flame without the medium of a liquid may only be *kashered* by being heated to the point where it becomes red-hot. This is usually accomplished by means of a blow torch or some other strong open flame played over the entire surface of the item. No prior cleaning or waiting period is required for this method of kashering as the intense heat removes all traces of *Chometz* – both that which is on the surface and also that which is absorbed into the utensil.

Items to be *kashered* by this method include fry pans, baking pans, barbeque grates and stove and oven parts that come in direct contact with *Chometz* pans or food.

GENERAL CLEANING:

All areas of the house including garages and storage sheds, wherever *Chometz* may have been used or brought into during the year require a thorough cleaning to remove all traces of residual *Chometz*. Those cupboards or rooms that will be sealed or locked and rented to a non-Jewish person over Pesach (see the section entitled SELLING THE *CHOMETZ*) do not require cleaning.

THE KITCHEN:

***Chometz* utensils not being *kashered* for use on Pesach:** These should be well cleaned and put away in cupboards or in a room that will not be opened during Pesach.

All *Chometz* food that will not be eaten before Pesach and will not be disposed of but will be sold should likewise be locked away in a designated cupboard or room that needs to be rented to a non-Jewish person for the duration of Pesach (see the section entitled SELLING THE *CHOMETZ*). These cupboards or rooms should be locked and/or sealed with tape for example so that their contents are not accidentally used during Pesach.

KASHERING: PREPARING KITCHEN & HOUSEHOLD ITEMS

Below is a list of common items & materials & the method that may be used for preparing them for Pesach use:

ITEM	METHOD OF PREPARATION
Baking pans and other utensils used in the oven with little or no liquid	Method #7. As this is usually impractical, it is recommended that these not be <i>koshered</i> and new ones purchased for Pesach.
BBQ (Plates and grates):	Method #7
Benchtops (Formica Laminex or other synthetic materials):	Method #2 or according to a number of authorities Method #5
Benchtops (Granite/Stone)	Method #5
Benchtops (Metal):	Method #5 or #6
Caesarstone	See Benchtops (Granite/Stone)
Candlesticks & candlestick trays	Method #1. Some then place foil underneath the tray.
China ware	Cannot be <i>kashered</i>
Corelle	See Glass
Corningware	See Glass
Crockery	Cannot be <i>kashered</i>
Crystal (used mostly with cold liquids)	Method #3
Cupboards	Method #1

ITEM	METHOD OF PREPARATION
Cutlery (Metal with joints or deep engravings that cannot be cleaned properly.)	Should not be <i>kashered</i> unless the joints or engravings are subject to Method # 6 (by means of an open flame) in which case they should then be fully <i>kashered</i> with Method # 4.
Cutlery (Metal without joints)	Method #4
Dishwashers	Some authorities allow the kashering of dishwashers with stainless steel interiors by Methods #4 or #5. Others also allow kashering with plastic interiors but not enamel. This can be a complicated procedure. New baskets are usually required. Please check with your Rabbi for details.
Duralex	See Glass
Earthenware and Ceramic	Cannot be <i>kashered</i>
Electric jug	Method #4
Food processor (Attachments)	Method #4
Food processor (Base)	Method #1 and then cover it with plastic or foil
Formica	Many authorities permit kashering with Method #5
Frying pans and other utensils used on the stove with little or no liquid	See Baking pans.
General areas including chairs, floors, cupboards etc	Method #1
George Forman Grill	Should not be <i>kashered</i> .
Glass (When used with hot <i>Chometz</i> in an oven or on a stove)	Should not be <i>kashered</i> . (Sephardim permit using and/or kashering glass - check with your Rabbi)
Glass (When used with hot or cold liquids not taken directly from an oven or stove flame)	Some authorities do not allow <i>kashering</i> of glass for Pesach Others allow Method # 3
Granite	Method #5
Grill	Method #7 – as this can damage or destroy the item it is recommended not to <i>kasher</i> it.
Hot plates	See stoves or Shabbos hot-plates
Kiddush Cups (metal)	Method #4
Laminex	See Plastic
Melamine	See Plastic
Melmac	See Plastic
Microwave Oven (convection)	See Oven (not self cleaning)
Microwave Oven (non-convection)	See separate section MICROWAVE OVENS
Mixers	See food processors
Ovens (not self cleaning) - Interior and walls	Method #6
Ovens (not self-cleaning) - Grates and shelving that come in direct contact with Pesach utensils or food	Method #7 in the first instance – if this will damage or destroy the item method #6 is acceptable if a piece of foil or a metal tray is later placed between the shelf and the Pesach item placed in the oven.
Ovens (self cleaning)	Remove all grates & clean them and surface area where food may fall replace grates and then turn on self cleaning cycle.
Pantry	Method #1. Some also cover the shelves.

ITEM	METHOD OF PREPARATION
Plastic – when used for cold storage of <i>Chometz</i> for longer than 24 hours	A number of authorities permit kashering with Method #3 or #4 or by pouring boiling water over the entire surface
Plastic - when used in direct contact with hot <i>Chometz</i> in an oven or on a stove	Should not be <i>kashered</i>
Plastic - when used with hot or cold liquids	A number of authorities permit kashering with Method #4
Pots and pans – when used with liquids.	Method #4. Lids and all removable handles should be kashered separately. If the handles cannot be removed and gaps exist between the handle and the wall of the pot, and the gaps cannot be properly cleaned, then the pot or lid may not be kashered.
Pyrex	See Glass
Refrigerators and Freezers	Method #1. It is advisable to then cover shelves that come in direct contact with Pesach food or cooking utensils.
Rubbish bins and vacuum cleaners	Method #1. Dispose of rubbish in wheely bin and place bin off one's property before time of removal of <i>Chometz</i> on Erev Pesach.
Shabbos Blech	As this usually requires Method #7 it is advised to have a new one for Pesach use.
Shabbos hot plate (with internal elements that do not become red hot)	Cannot be <i>koshared</i> but can be cleaned and the top covered with a double layer of strong aluminium foil upon which one may cook. (Note: it is DANGEROUS to cover the entire hotplate in foil.)
Silverstone	See Plastic
Sinks - metal	Method #5 or #6. Drain areas should be cleaned using a strong drain cleaner. Taps and faucets should be cleaned with a strong detergent. Some also pour boiling water poured over them.
Sinks – Porcelain or Ceramic	Cannot be <i>kashered</i> . Plastic or metal coverings and inserts should be used. Hot water should not be allowed to back up from the non- <i>kashered</i> sink into the inserts on Pesach
Soda Stream Machine	Wash thoroughly including needle. If plastic bottle has been used for flavours, replace plastic bottle.
Stoneware	Method #4
Stoves: Actual Electric plates or coils	Can be <i>kashered</i> by turning them on and allowing them to become red-hot
Stoves: (Electric/Gas) - Alternate method	Thoroughly clean the stove with a strong cleaner and then cover the entire top with a metal sheet (<i>blech</i>) upon which one may cook on Pesach.
Stoves: (Electric/Gas) - Gas jets and catchment area or plates directly beneath the flame and pots	Method #6 or Change for Pesach. Method #2 would also be acceptable for catchment areas if it is ensured that the a double covering is used and the covering is strong and heat-proof
Stoves: (Electric/Gas) - Grates that hold the pots during cooking that come in direct contact with the pot	Method #7 or Change for Pesach
Stoves: (Electric/Gas) - Sides and body of the stove that may come in contact with pots and pans	Method #2

ITEM	METHOD OF PREPARATION
Stoves: Glass top (Electric or Gas with external coils or gas jets)	Coils, hot plates, gas jets, catchment plates and areas should be <i>kashered</i> as for a regular stove. The glass body of the stove should then be covered with a double layer of foil or a metal sheet (perforated above the flame area to avoid excessive heat build-up and the shattering of the glass plate).
Stoves: Glass top (Electric with elements imbedded in the glass)	Cannot be <i>kashered</i> for Pesach
Tablecloths & cloth serviettes	Can be laundered with hot water and detergent but replacing recommended
Tables (Not coming in contact with items taken directly from the stove)	Method #2 or #5
Tea towels, oven mitts & pot holders	Can be laundered with hot water and detergent but replacing recommended
Teflon coated pots and other utensils	See plastic
Urn	Method #4. Boiling water should also be allowed to run out of the tap at the bottom and it is also preferable to pour boiling water over the external part of the tap at the bottom.
Wood	Method #4 or #5

MICROWAVE OVENS

Microwave ovens are unique in that the heat produced emanates from the food rather than the microwaves themselves. As such the following kashering method is considered by many authorities as being acceptable:

1. The microwave oven should be cleaned of all surface dirt and not used for 24 hours.
2. A glass of water should then be placed in the oven and the oven turned on so that the water boils and spreads steam throughout the entire oven.
3. Once this has occurred the oven should be turned off, the glass moved to another area of the oven and the oven turned on again until the water boils again and spreads steam through the oven.
4. The oven should then be turned off and wiped down with cold water and a clean cloth.
5. Ovens with stainless steel interiors need no further preparation.
6. Ovens that have enamel coated walls should then be lined with thick cardboard to avoid actual contact with Pesach foods or utensils.
7. All turntables, trays or racks upon which food is actually placed should be changed, *kashered* separately (after cleaning) with the "*hagala* – scalding" (method #4 outlined above) or carefully covered, after thorough cleaning, with a double layer of plastic cling-wrap.

Combination convection and microwave ovens need to be treated as a regular oven and *kashered* accordingly.

NESPRESSO MACHINES

Suggested method to Kasher a Nespresso machine.

1. If non-Kosher for Pesach Pod varieties have been used, do not recommend kashering.
2. Assuming only Kosher for Pesach Pod varieties were used then:
 - a. Clean thoroughly
 - b. Remove nozzles from steamer
 - c. Replace washers with new washers
 - d. Reassemble
 - e. Fill with fresh water and steam right through

PESACH LAWS

Please Note: Due to the multitude of laws governing the Pesach Yom Tov and its preparation, the digested laws that follow should be viewed solely as a summary of the *halachos* pertaining to the proper observance of the holiday. Contact your local Orthodox Rabbi for further information concerning any doubtful halachic decision.

All times referred to below can be found in the chart at the start of this booklet for times where you live.

CHOMETZ

Chometz results when one of the five types of grain (wheat, barley, rye, oats, spelt) or their derivatives is permitted to maintain undisturbed contact with water for a period of 18 minutes or longer.

Extracts of *Chometz*, alcoholic fermentation, foods processed in *Chometz*, utensils and *Chometz* admixtures are halachically considered *Chometz* as well. The Torah forbids an individual to eat, possess or derive benefit from *Chometz* during the Pesach Yom Tov.

Ashkenazi Jews refrain from partaking of legumes (beans, corn, rice, peas) known as '*Kitniyos*' and their admixtures during Pesach.

REMOVAL OF CHOMETZ

Prior to Pesach, one must remove all *Chometz* from one's properties and jurisdiction (including premises, offices, factories etc belonging to a Jew). This is accomplished through the following processes:

MECHIRAS CHOMETZ (THE SALE OF CHOMETZ)

All forms of *Chometz* not destroyed must be transferred to a Gentile before the end of the "fifth hour" on the 14th Nissan. This is normally done through the sale of *Chometz* via the Rav as appointed agent for this sale. The sale is bona fide in nature and transfers possession of all *Chometz* to the Gentile accompanied by the sub-leasing of the property on which the *Chometz* is to be found. The non-Jew should be allowed free access to the property and items he has purchased.

Chometz utensils are rented and its contents are sold.

The Mechiras *Chometz* form can be downloaded from our website and completed and faxed back to either (03) 9527 5665 or scanned and emailed to rabbi.mordechai.gutnick@kosher.org.au no later than **5pm Thursday 6th April, 2017**.

There are also online applications that can be used such as <http://community.yeshivahcentre.org/Chometz.php>. Please note that if you are travelling overseas and your *Chometz* is situated locally it is strongly recommended that you sell your *Chometz* in Australia. Rabbi Gutnick has advised that for the *Chometz* he sells the 'buy back' after Pesach takes into account people who are overseas. (See 'GUIDELINES FOR LEAVING HOME BEFORE PESACH')

BEDIKAS CHOMETZ (THE SEARCH)

After tzais hakochavim (appearance of 3 stars) on the evening of 14th of Nissan one must diligently search for *Chometz* in all areas in which it may have been stored or eaten. This search is not ceremonial in nature and must include such places as: closets, toasters, medicine cabinets, clothes, cars, toy chests, vacuum bags etc. As such, proper time must be allotted to the search.

No work, study or meal should be begun within ½ hour prior to the search.

The search should be facilitated by the aid of a single-wick candle.

Prior to the search the blessing al *biyur Chometz* is recited. It is a custom for some to scatter 10 pieces of bread throughout the house prior to the *bedikah* and to collect them during the search. The mere collection of these pieces should not be misconstrued as the fulfilment of the search.

For those leaving their home before Pesach please see the section 'GUIDELINES FOR LEAVING HOME BEFORE PESACH' on how to conduct the search for *Chometz*.

Bedikas Chometz takes place this year on Sunday 9th April after nightfall.

BITTUL HECHOMETZ (NULLIFICATION)

After the search *Kol Chamiroh* is recited renouncing title to any *Chometz* not already set aside for either the next morning's breakfast sale or destruction. One who does not understand Aramaic should recite *Kol Chamiroh* in his native tongue.

The English translation of the Aramaic formula for *Bitul Chometz* recited after the burning follows: I HEREBY DECLARE ALL LEAVEN AND *CHOMETZ* IN MY POSSESSION THAT I HAVE NOT DISCOVERED OR HAVE NOT REMOVED AND NOT AWARE TO BE NULLIFIED AND OWNERLESS LIKE THE DUST OF THE EARTH.

BIUR CHOMETZ (DESTRUCTION OF THE CHOMETZ) & EREV PESACH

In gratitude to the Almighty for having been spared during the slaying of the Egyptian first-born, first-born males fast on Erev Pesach. A father fasts on behalf of a son too young to fast and a mother fasts for her *b'chor* when the father is a first-born as well. Firstborns may participate in a *Seudas Mitzvah* which enables them to eat during the remainder of the day. Fast of the First Born commences at dawn and ends at nightfall. If completing the fast. For times this year, see the chart in the beginning of the book.

Finish eating *Chometz* (& *Kitniyos*) at the times listed in the chart.

Remove *Chometz* & recite *Kol Chamira* about an hour later as listed in the chart.

It is forbidden to eat *matzoh* or consume wine on Erev Pesach. One may eat fish, fruit and meat in moderate amounts that will not detract from one's appetite for the *Seder Matzoh*. Tedious and or profitable work should not be engaged in after *chatzos* (halachic midday) on Erev Pesach.

Chometz found during the search and remaining from breakfast must be destroyed (preferably by fire) during the fifth hour of the "halachically-divided 12 hour day." This is followed by a more encompassing bittul nullifying all *Chometz* seen or unseen. This cannot be recited during the halachic sixth hour of the day when the use of *Chometz* and its benefits are already forbidden.

The Rabbinic prohibition for eating *Chometz* begins with the commencement of the halachic fifth hour of the day.

CHOMETZ DISCOVERED DURING PESACH

Chometz discovered during *chol hamoed* should be immediately destroyed. *Chometz* found during Shabbos or Yom Tov should be covered with a vessel and destroyed after *havdalah*.

THE LAST DAY OF PESACH

Pesach finishes this year on Thursday night 18th April. *Chometz* may be eaten after approximately a half hour later by which time the Rabbi would have had time to buy back the *Chometz* from the non-Jewish owner. See times in the Chart.

The greatest emphasis should be placed on the fact that any *Chometz* remaining in the possession of a Jew over Pesach cannot be eaten used bought or sold even after Pesach.

One should avoid purchasing obvious *Chometz* such as biscuits, breads, pasta, wheat-ethanol vodka etc from retail outlets owned by Jews who have not sold their *Chometz* for up to six weeks. Major supermarket chains in Australia with significant Jewish ownership do sell their *Chometz*. Check with your local Jewish supermarket.

PESACH: GUIDELINES FOR THOSE LEAVING HOME BEFORE PASSOVER

Rabbi Mordechai Gutnick

BEDIKAS CHOMETZ — SEARCH FOR CHOMETZ

Anyone leaving home before the traditional evening of bedikat chometz must carry out the search in their home on the night before he or she departs. However since this is not the normal evening for the search no brocha is recited.

Another option is to appoint a sheliach — agent — to perform the search at the normal time.

If one is selling one's home or other premises together with all chometz then the accepted ruling is that the house does not require a specific search. However in order to fulfil the obligation of the removal of chometz one should do a search for chometz on the night before Pesach (with a brocha) wherever they may be staying over Pesach. This should be done in a rented home or hotel room or in a guest room of a private house where one is staying. In the latter case permission should be sought from the owner of the house to either act on his or her behalf by searching that guest room or else by purchasing with a nominal sum the rights to that or any other room in the house and thereby becoming its "owner".

In all circumstances on the morning of Erev Passover (**Monday 10th April 2017**), the statement of bitul should be pronounced wherever one is before the time of removal of the chometz.

SELLING THE CHOMETZ

When someone travels before Pesach westward from Australia to Europe to Israel or to the United States for Pesach (or even from an eastern time zone to other western time zones in Australia) the festival will begin for them after it has already commenced in the home community.

If the chometz is sold where the traveller is spending Pesach this would result in a situation where the sale did not yet take place while it was already Pesach in the place where the chometz is found. The traveller would therefore own the chometz while it was already Pesach in the home community. For this reason these travellers should arrange prior to leaving home for their chometz to be sold in their home town in Australia at the correct time as applicable to where the chometz is stored. Any chometz still in their possession at the place they are staying after the time of the sale in their home community should then either be destroyed or sold before the appropriate time for removal of Chometz at the place where they are staying.

In such circumstances as Pesach will finish for the traveller later than in their home community the rabbi who organises the sale of the Chometz in their home community should be asked that when he purchases back the chometz after Pesach he should specifically not acquire back the chometz on behalf of the traveller until Pesach is over at the place where the traveller is.

Those travelling for Pesach from Australia to New Zealand or from the Central or Western Australian time zones to the Eastern states where Pesach commences earlier than in the home community (or for those travelling from Europe, Israel, or the US to Australia where Pesach also begins earlier than in the home community) should arrange for the sale of their chometz before the time for removal of chometz at the (earlier) time at the place where he or she is staying to ensure that no Chometz belongs to them anywhere at the time of the removal of chometz where they are staying. In such circumstances it is then also halachically preferable to ensure that when the Chometz is purchased back after Pesach the traveller specifically make a condition not to accept back ownership of the chometz left at home until Pesach finishes in the home community where that chometz is stored.

Another option when travelling in any direction is to transfer before leaving home all the chometz left at home as a gift to someone else who remains in the home community. The recipient of the gift would arrange the sale of the chometz at the correct time for that home community. The traveller would then sell or remove any chometz actually with them at the place of their stay before the appropriate time for removal of chometz at that place.

It is advisable to contact your Rabbi before leaving home to ensure that the most valid and appropriate method has been chosen in order to ensure that no chometz inadvertently remains in one's possession during any of the time that it is not permitted to possess chometz.

THE SEDER: FOOD TYPES & QUANTITIES USED

MATZOH

SUITABLE MATZOS:

Normal machine-made matzos even if produced for Pesach under reliable supervision are almost always supervised only from the time of the milling of the flour. The supervision following this is usually a "preventative" supervision that ensures that the flour and dough do not become *Chometz*.

Shmurah (meaning "guarded") is matzah that is supervised and protected from water that could make it *Chometz* already from the time of harvesting the grain. It also has a "positive" form of supervision - with the participants in its making not just ensuring that it does not become *Chometz* but actively expressing their intention that the matzot are made for the purpose of fulfilling the mitzvah of eating matzah on Pesach.

All major authorities state that it is the correct practice to use *Shmurah Matzah* at the Seder at least when eating the minimum amount necessary to fulfil the obligation of eating matzah on Pesach night. This is in keeping with the *pasuk* "and you shall guard the matzah" (*Shmos* 12:17).

THE MINIMUM QUANTITIES:

To fulfil the biblical obligation one must eat just over a "*k'zayis*" (the size equal to the volume of an "olive"). This is traditionally termed "eating" rather than just tasting or nibbling. There is much debate on the halachic size of an "olive" (*k'zayis*) as well as on the time frame allowed to consume it.

The minimum accepted size of a *k'zayis* is approximately 29 grams (or a volume of 29 millilitres) or 1 fluid ounce. This is considered the equivalent of $\frac{2}{3}$ of a machine matzah - an area of approximately 14cm by 15cm - or just over $\frac{1}{3}$ of a hand-made *shmurah matzah*. It should be eaten in four minutes (leaning to the left). It is the practice to actually eat more than this minimum amount during the various stages of the Seder as outlined in the *Haggadah*.

MORROR (BITTER HERBS)

SUITABLE VEGETABLES:

The Mishnah in *Pesachim* (39a) lists the ancient Hebrew and Aramaic names of five types of plants that are considered as the "Bitter Herbs" to be used on Pesach at the Seder. The commentaries on the *Shulchan Aruch* properly identify two of these species which are universally accepted as:

1. Romaine or Cos Lettuce stalks or leaves;
2. Pure Horseradish.

If neither horseradish nor Cos lettuce variety are available then the next preference should be given to ordinary lettuce (the "crisp-head" or "iceberg" variety) and the appropriate blessing over the *marror* may still be recited. In reality it is actually lettuce that is the most preferred type of *marror* even if it is not bitter. The fact that it may not have been as commonly used as horseradish was for the practical reasons that lettuce was difficult to find in Europe at the end of winter at Pesach time and/or that if it was found it was very difficult to remove the infestation found in such lettuce. The usual custom is to eat a proportionate mixture of both these varieties (lettuce and horseradish) though of course either one alone is perfectly acceptable.

It should be carefully noted however that the bitter herb must be absolutely pure. It may not be mixed with anything or preserved with anything such as vinegar that can affect its natural taste. Commercially produced Kosher for Pesach horseradish relish (white red and green) contains vinegar and other ingredients and the *brochah* over the *marror* may not be recited over such a mixture as one has not fulfilled one's obligation of eating *marror*.

If none of the above-mentioned herbs are available then any bitter vegetable may be used in order to obtain a bitter taste. However as one does not fulfil one's real obligation in this manner therefore the blessing over the *marror* may not be recited in such circumstances.

Note that although some authorities discuss the possibilities of using ordinary radish as *marror* it appears seriously questionable as to whether our common radish (with the red skin) is the same species as the one they were referring to. For this reason ordinary radish should be treated as any other bitter vegetable and not used for *marror*.

THE MINIMUM QUANTITIES:

As the eating of *marror* in the absence of the Pesach rituals in the *Beis HaMikdash* is today only a Rabbinic requirement the minimum size requirements are slightly less. For horseradish the minimum size of a *k'zayis* can be taken as approximately 20 ml ($\frac{2}{3}$ oz.) or one tablespoon full. If lettuce leaves are used this is the amount of leaves that would cover an area of approximately 20 cm by 25 cm. The time allowed for consumption is 9 minutes. Note that the custom is not to lean when eating the *marror*.

HOW TO CHECK ROMAINE (COS) LETTUCE FOR INSECT INFESTATION

This lettuce type is known as an open leaf variety. This means that as they sprout forth from the ground the leaves begin to open up like a flower. Toward the end of their growth they begin to close around the stalk. Since romaine lettuce grows open it is more prone to insect infestation throughout the head than other varieties of lettuce that primarily grow as a closed ball.

We are fortunate here in Australia in that locally grown vegetables are in general not as prone to insect infestation as they are in other countries such as the US Europe and Israel. Even open leaf varieties of lettuce grown here in Australia have been found to be free of many of the insects commonly found elsewhere in these varieties.

The major concern here is largish readily identifiable green or black worms.

Technically any requirement to check this lettuce here would therefore be confined to separating the leaves rinsing them thoroughly with running water and then subjecting them to scrutiny against a good light source. Any insects that are identified during this scrutiny must be washed off and removed. Occasionally worms may be found in burrows within the body of the leaf. If you notice a narrow translucent burrow speckled with black dots breaking up the deep green colour of the leaf carefully slit the bumpy part within the burrow with a sharp knife and remove the worm.

With regard to Romaine lettuce that will be used for the fulfilment of the mitzvah of Marror it is particularly praiseworthy to subject this lettuce to a more thorough scrutiny and cleaning process to account for all possibilities of infestation.

In addition to the check for the worms mentioned above insects that can at times be found in local open leaf lettuce are small black or green aphids and thrips. The leaves of the vegetable can camouflage these insects. The open structure of these vegetables allows insects to penetrate the entire head. Insects may be found between the innermost layers of leaves of an infested head. Therefore each leaf should be washed and checked individually. The use of a light box for checking lettuce can be extremely convenient and helpful. However even if a light box is not used both sides of each leaf should be examined against a good source of light.

Below are the ideal step by step recommendations for how to properly check romaine lettuce for insects:

1. Cut off the lettuce base and separate the leaves from one another.
2. Soak leaves in a solution of cold water and a little soap (Kosher for Pesach). Some use salt instead of soap. The soap has the effect of loosening the grip of the insects on the lettuce leaves making them much easier to observe and remove.
3. Agitate lettuce leaves in the soapy or salty solution.
4. Spread each leaf taking care to expose all its curls and crevices. Using a heavy stream of water, remove all foreign matter and soapy or salty water from both sides of each leaf. Alternatively, a vegetable brush may be used on both sides of the leaf.
5. Leaves should be checked over a light box or against strong overhead lighting to verify that the washing procedure has been effective. Pay careful attention to the folds and crevices in the leaf where insects have been known to hold tightly through several washings.

WINE

SUITABLE BEVERAGES:

All wines grape juice and other beverages mentioned below must of course bear a reliable Kosher for Pesach certification. The following are listed in order of preference:

- THE MINIMUM QUANTITIES:

NOTES

[illegible]

FOOD OUTLETS IN MELBOURNE

For various reasons (the lack of Pesachdik cooking utensils the lack of ability or desire to kasher the kitchen or to prepare food etc.) people may not prepare their own Pesach meals.

Fortunately in Melbourne you have the ability to have all of your Pesach meals prepared for you.

In addition, a number of shules are hosting communal Sedorim.

At the time of print, following shules have announced communal sedorim – please check the 2016 Kosher Australia Food Guide for a list of Orthodox synagogues in Melbourne, and recheck with the shule to confirm the event:

- | | |
|---------------------------------|-----------------------------|
| ▪ Caulfield Hebrew Congregation | ▪ North Eastern (Doncaster) |
| ▪ East Melbourne | ▪ South Caulfield Shule |
| ▪ Central Shule | ▪ Spiritgrow |
| ▪ HaMerkaz Shelanu | |

RESTAURANT/TAKEAWAY

Kimberley Gardens Hotel (offers Sedorim – pre-bookings essential)*

441 Inkerman St, St Kilda East 03 9526 3865 www.pesach.com.au

Daneli's Deli* 328a Carlisle St, Balaclava 03 95277014

PREPARED MEALS

Prepared Kosher for Pesach meals/dishes may be pre-ordered from the following Kosher Australia supervised producers. All foods must carry Kosher for Pesach seals.

Danelis*	P: 03 9527 7014	www.danelis.com.au
Kimberley Gardens*	P: 03 9526 3865	
Klein's Gourmet*	P: 03 9528 1200	www.kleinonline.com.au
Kosher Meals on Wheels*	P: 03 9527 4844	
Peter Unger Catering*	P: 03 8552 0300	

RETAIL OUTLETS FOR PESACH

ONLY purchase products carrying reliable Kosher for Pesach approval

Coles select stores		
Continental Kosher Butchers*	155 Glenferrie Rd, Malvern	P: 03-9509 9822
Gefen Liquor	328 Carlisle St, Balaclava	P: 03-9527 1100
Kosher Kingdom*	482b Glenhuntly Road, Elsternwick	P: 03-9041 8499
Kraus Foods	62 Glen Eira Rd, Ripponlea	P: 03-9523 8463
Lenny's	636 Inkerman Rd Caulfield	P: 03-9527 5349
Pri Cut	283 Carlisle St, Balaclava	P: 0478 027 073
Rishon Foods	23 William St, Balaclava	P: 03-9527 5142
Royal Nut Company	2/148-150 Wattletree Rd, Malvern	P: 03-9509 3333
Solomons Kosher Butcher	140-144 Glen Eira Rd., Elsternwick	P: 03-9532 8855
Tempo	Shop 5, 320 Carlisle St, Balaclava	P: 03-9525 8000
The Shook	819 Glenhuntly Rd, Caulfield South	P: 03-9078 5519
Woolworths Select Stores		
Yumi's Kosher Seafood	29 Glen Eira Rd, Ripponlea	P: 03-9523 6444

*Under Kosher Australia supervision.

SEDER SHOPPING LIST

Rabbi Aryeh Citron (Chabad.org)

- **Matzah**

It is preferable to use handmade Shmurah Matzah. Every person at the Seder with their own Seder plate will need three matzahs per Seder. Those who don't have their own plate need approximately two matzahs per Seder.

- **Matzah covers**
- **Wine and/or grape juice**

It is preferable to use wine, but if one cannot, one may use a mixture of grape juice and wine, or even pure grape juice. If necessary, one may add up to 1/3 of the cup of water. If this also is not possible due to medical reasons, discuss with your doctor and rabbi.

- **Wine goblets**
- **Horseradish**

One may purchase kosher for Passover ground horseradish, but it can only be used for the seder if it has no other ingredients.

- **Romaine lettuce (for bitter herbs)**

Each should eat the volume of an olive of the combination of Romaine lettuce and horseradish. A large lettuce leaf is approximately the size of an olive.

- **Haggadahs**

Ideally with translation to the vernacular.

- **Ingredients for Charoset**

The custom is to use wine, ground walnuts, apples & pears. Others add: Partially ground cinnamon & ginger, figs, dates, pomegranates, and/or almonds.

- **Shankbones for all of the Seder plates.**

Some have a custom is to use the neck of a chicken. Others use the leg of a chicken or an actual shankbone.

- **Eggs**

Ashkenazi custom is to serve eggs as the first course of the meal (Shulchan Orech), in addition to having one egg on each Seder plate.

- **A vegetable for Karpas**

Some customs use a piece of a potato or onion. Others use celery, radishes, or parsley.

PESACH CLEANING PRIMER

Rabbi Mordechai Becher (Ohr.edu)

The following instructions are by no means a complete halachic guide for Pesach. A Rabbi should be consulted for any questions and doubts that arise, and refer to the many books available that present the halachos in detail. The following instructions are based on classes given by Rav Chaim Pinchas Scheinberg, Z"L.



1. All places or articles into which chometz (leavened grain products, eg. bread, crackers, cake) is usually brought during the year must be cleansed and checked for Chometz before the evening preceding the seder. The search for Chometz (details of which can be found in the Haggadah) is started at nightfall on the evening preceding the seder.
2. Any article or place which is not used on Pesach, which is closed up and sold, does not need to be checked for Chometz.
3. Chometz which has been rendered inedible (even to an animal) by being soaked in a foul-tasting liquid such as detergent, "Draino", bleach or ammonia is not considered Chometz.
4. There is no obligation to check and destroy Chometz that is less than the size of an olive (approx. 30 grams) and is so dirty that a person would not eat it.
5. Surfaces, closets and cracks where it is possible that Chometz has entered should be washed, ensuring that detergent enters all cracks and crevices.
6. Kashering for Pesach is done in the same way as during the year
7. It is customary to also cover any surfaces that have been kashered and that will be used for food, or for utensils on Pesach; eg. tables, countertops, cabinets and stovetops, with plastic, linoleum or aluminium foil.
8. Any Chometz that will not be consumed or destroyed before Pesach, must be sold to a Gentile before the time of prohibition of Chometz (the time of the prohibition is printed in Jewish calendars and newspapers) for all of Pesach. The transaction should be performed by a Rabbi, since the laws are complex and a contract is necessary. The Chometz that has been sold must be stored away until after Pesach.

חג פסח כשר ושמח

Wishing You a Kosher & Freilechen Pesach

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